Curriculum intent (overview) – To deepen students' skills and knowledge through a broad and balanced curriculum which prepares students for adulthood.

10N - Navigator Curriculum –

Subject PE 2 *Subjects/Lessons weekly*

NB - Bikeability and Golf sessions timings depend on the availability of coaches and may be different to those listed here on the SOW.

Year	2026 – 2027 Autumn 1	2026 – 2027 Autumn 2	2026 – 2027 Spring 1	2026 – 2027 Spring 2	2026 – 2027 Summer 1	2026 – 2027 Summer 2
	Topic: Football **Suggested Key Questions:** - What makes a successful pass? - What positions are there in football? - What is a formation? - What is your role when defending? **Key Skills and Knowledge:** - Short and long passing using inside and laces- Ball mastery under pressure- Shooting on target using side foot and laces- Understanding team formations (e.g., 4-4-2)- Applying attacking (e.g., overlap) and defending tactics (e.g., jockeying)- Applying rules in conditioned games with confidence	**Topic:** Basketball, Cycling **Suggested Key Questions:** - What is a triple threat position? - How can we create space in a game? - What parts make up a bike?- What are the safety checks? **Key Skills and Knowledge:** **Basketball**: Triple threat stance, dribbling at speed, lay-ups, attacking/defensive zones, pressing defense, fast breaks **Cycling**: Basic safety checks, road awareness, balance and control, signaling, mounting and stopping, appropriate safety gear usage	**Topic:** Hockey, Rock climbing **Suggested Key Questions:** - What is a V-drag? - How can we beat a defender? - How do climbers stay safe? - What is route planning? **Key Skills and Knowledge:** **Hockey**: Dribbling under pressure, push/slap passes, shooting from different angles, defending using stick positioning, V-drag to change direction **Climbing**: 3-point contact rule, using harnesses, planning routes, safe descent, knot tying, teamwork in belaying and spotting	**Topic:** Handball **Suggested Key Questions:** - How do you shoot from a jump? - What is the difference between man-to-man and zone defence?- What is a fast break? **Key Skills and Knowledge:** - Passing: bounce, overhead, fast passing under pressure- Shooting techniques: jump shot, set shot- Basic offensive and defensive formations- Dribbling while scanning- Applying game strategies like fast breaks and switching roles	**Topic:** Cricket, Conditioned games **Suggested Key Questions:** - What is a pull shot? - How do we bowl accurately? - What makes a good fielding team? - What is a conditioned game? **Key Skills and Knowledge:** - Shot selection (pull, drive, sweep)- Bowling at different lengths- Fielding in pairs and zones- Role rotation (bowler, batter, fielder)- Game scenarios with rule modifications to focus on skill acquisition	**Topic:** Athelitics, Striking and fielding **Suggested Key Questions:** - What are phases of a sprint? - How do you improve throwing power?- How can we work as a team in rounders? **Key Skills and Knowledge:** - Sprint drills: drive phase, maintenance, finish- Middle distance: pacing strategies- Shot putt and javelin techniques- Striking in rounders: hitting into space, judging when to run- Team fielding strategy and base coverage

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Links to Gatsby Benchmarks:	**3**: Adapted drills to meet pupils' cognitive profiles**4**: Links to football-related roles (referee, steward, coach)**5**: Guest speaker from local football club**6**: Visit to community football facility	**3**: Use of visual cue cards for riding positions**4**: Explore careers in bike maintenance, sports officiating**5**: Bikeability workshop**6**: Travel practice for independent mobility	**3**: Scaffolded climbing routes by ability**4**: Link to outdoor careers (activity leader, instructor)**5**: Visit from climbing wall coach**6**: Visit to climbing centre	**3**: Peer pairing by complementary ability**4**: Link to officiating and coaching roles**5**: Watch and discuss a handball match video**6**: Create and run a mini match festival	**3**: Role cards for learners with memory difficulties**4**: Discuss professional cricket pathways**5**: Virtual tour of cricket ground**6**: Practice running a school cricket mini-tournament	**3**: Use video feedback to support performance**4**: Connect to roles in events (coach, grounds crew)**5**: Invite ex-pupil in sports college**6**: Organise and run a school sports day

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