

Curriculum intent (overview) – To deepen students' skills and knowledge through a broad and balanced curriculum which prepares students for adulthood.

Class - **Explorer Curriculum** - *Subjects/Lessons weekly* 6.3E

Year	2026 – 2027 Autumn 1	2026 – 2027 Autumn 2	2026 – 2027 Spring 1	2026 – 2027 Spring 2	2026 – 2027 Summer 1	2026 – 2027 Summer 2
2026-2027	<u>Topic:</u> What is Diversity? Focus: Diversity; prejudice; discrimination; bullying; inclusion; equality <u>Suggested Key Questions:</u> • What are identity, rights, and responsibilities? • What does it mean to live in a diverse society? • How can I challenge prejudice,	<u>Topic:</u> Developing Skills and Aspirations Focus: Careers; teamwork and enterprise skills; raising aspirations <u>Suggested Key Questions:</u> • How can I be enterprising and develop problem-solving skills? • What are communication, teamwork, leadership, risk	<u>Topic:</u> Travel and Safety Focus: Transition to sixth form; personal safety in and outside school; travel safety; first aid <u>Suggested Key Questions:</u> • How can I identify, express, and manage my emotions in a positive way? • How can I manage the challenges of	<u>Topic:</u> Building Relationships Focus: Self-worth; romance and friendships (including online); relationship boundaries <u>Suggested Key Questions:</u> • How can I develop self-worth and self-confidence? • What qualities and behaviours contribute to healthy	<u>Topic:</u> Financial Decision Making Focus: Saving; borrowing; budgeting; making financial choices <u>Suggested Key Questions:</u> • What are safe financial choices, and how can I make them? • What is the difference between ethical and unethical business practices and consumer choices?	<u>Topic:</u> Health and Puberty Focus: Healthy routines; influences on health; puberty; unwanted contact; personal safety <u>Suggested Key Questions:</u> • How can I make healthy lifestyle choices, including diet, dental health, physical activity, and sleep? • How can influences such as caffeine, smoking,

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stereotypes, and discrimination? • What are the signs and effects of bullying, including online bullying? • How can I respond safely to bullying of any kind? • How can I support others who may be experiencing bullying or discrimination? <u>Key Skills and Knowledge:</u> Intended Knowledge: Understanding what diversity means and why it is important Recognising that people have different identities, backgrounds, cultures, beliefs, and experiences	management, and creativity? • What careers are available, and what skills and qualities are needed for them? • What does equality of opportunity mean? • How can I challenge stereotypes and broaden my career aspirations? • How do my values, interests, and strengths influence my future career choices? <u>Key Skills and Knowledge:</u> Intended Knowledge: <u>Understanding the skills and qualities needed for success in education, employment, and everyday life</u>	moving to a new school or college? • How can I establish and maintain positive friendships? • How can I stay safe when travelling independently by road, rail, or near water? • How should I respond in an emergency situation? • What basic first aid skills can help keep people safe? <u>Key Skills and Knowledge:</u> Intended Knowledge: <u>Understanding the emotional and practical changes involved in moving to sixth form</u> <u>Recognising strategies for</u>	relationships and friendships? • How can I recognise unhealthy relationships? • How can media and social media influence our views of relationships and stereotypes? • What should I expect from a positive romantic relationship? • What is consent, and how can I communicate my choices clearly and respectfully? <u>Key Skills and Knowledge:</u> Intended Knowledge: <u>Understanding the importance of self-worth and self-respect in relationships</u>	• What do I need to know about saving, spending, and budgeting? • How can I identify and manage risk-taking behaviour with money? • How can financial decisions affect my future goals and wellbeing? • What can I do if I need advice or support with financial decisions? <u>Key Skills and Knowledge:</u> Intended Knowledge: Understanding the importance of making informed financial decisions Knowing the difference between saving, spending, and borrowing	vaping, and alcohol affect health and wellbeing? • How can I manage the physical and emotional changes of puberty? • Why is personal hygiene important during puberty, and how can I maintain good hygiene routines? • How can I recognise and respond to inappropriate or unwanted contact? • Where can I access help, advice, and support if I have concerns about my safety, health, or wellbeing? <u>Key Skills and Knowledge:</u> Intended Knowledge: <u>Understanding the importance of healthy lifestyle choices for</u>
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Understanding rights and responsibilities within a diverse society Knowing what prejudice, stereotypes, discrimination, and bullying are Recognising the impact bullying can have on individuals and communities Understanding how to challenge inappropriate behaviour and support others Intended Skills: <u>Respecting diversity and differences</u> <u>Challenging stereotypes and prejudice appropriately</u>	<u>Recognising the importance of teamwork, communication, creativity, and problem-solving</u> <u>Knowing that there are many different career pathways and opportunities available</u> <u>Understanding that everyone should have equal opportunities regardless of background or characteristics</u> <u>Recognising how interests, values, skills, and strengths can influence future career choices</u> <u>Understanding the importance of challenging stereotypes about careers and employment</u>	<u>managing emotions and wellbeing during transitions</u> <u>Knowing how to build and maintain positive friendships and support networks</u> <u>Understanding how to stay safe when travelling independently</u> <u>Recognising how to respond in emergency situations</u> <u>Knowing basic first aid procedures and when to seek help</u> Intended Skills: <u>Emotional regulation and resilience</u> <u>Independent travel awareness</u>	<u>Recognising the qualities of healthy friendships and relationships</u> <u>Understanding the difference between healthy and unhealthy relationships</u> <u>Knowing how media and social media can influence views of relationships</u> <u>Understanding the importance of boundaries, respect, and communication</u> <u>Knowing what consent means and why it is important in relationships</u> Intended Skills: <u>Building self-confidence and self-awareness</u>	Recognising how budgets help people manage money Understanding that financial decisions can involve risks and consequences Knowing that businesses and consumers can make ethical or unethical choices Understanding how financial choices can affect wellbeing and future opportunities Intended Skills: <u>Budgeting and money management</u> <u>Financial decision-making</u> <u>Planning and goal setting</u>	<u>physical and emotional wellbeing</u> <u>Recognising factors that can influence health and decision-making</u> <u>Understanding the physical and emotional changes that occur during puberty</u> <u>Knowing the importance of personal hygiene during adolescence</u> <u>Recognising inappropriate or unwanted contact and understanding personal boundaries</u> <u>Knowing how to access support when worried about safety, health, or wellbeing</u>
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<u>Recognising bullying and discrimination</u> <u>Communicating respectfully with others</u> <u>Showing empathy and inclusion</u> <u>Seeking help and supporting others</u> <u>Key Vocabulary:</u> <u>Diversity, identity, equality, inclusion, respect, prejudice, stereotype, discrimination, bullying, online bullying, rights, responsibilities, empathy, community</u> <u>Resources:</u> <u>Diversity and inclusion posters</u>	<u>Intended Skills:</u> <u>Communication and teamwork</u> <u>Leadership and responsibility</u> <u>Problem-solving and decision-making</u> <u>Creativity and innovation</u> <u>Goal setting and career planning</u> <u>Self-reflection and aspiration building</u> <u>Challenging stereotypes and promoting equality</u> <u>Key Vocabulary:</u> <u>Career, aspiration, enterprise, teamwork, communication, leadership, creativity, problem-solving,</u>	<u>Friendship and relationship-building</u> <u>Risk assessment and personal safety</u> <u>Emergency response skills</u> <u>Basic first aid awareness</u> <u>Help-seeking and problem-solving</u> <u>Key Vocabulary:</u> <u>Transition, resilience, wellbeing, friendship, independence, safety, travel, emergency, risk, first aid, support, confidence, responsibility</u>	<u>Developing positive relationships with others</u> <u>Recognising healthy and unhealthy behaviours</u> <u>Communicating effectively and respectfully</u> <u>Setting and respecting personal boundaries</u> <u>Making informed and safe relationship decisions</u> <u>Seeking support when needed</u> <u>Key Vocabulary:</u> <u>Self-worth, self-esteem, confidence, friendship, relationship, trust, respect, communication,</u>	<u>Evaluating risks and consequences</u> <u>Critical thinking about spending choices</u> <u>Recognising and managing risk-taking behaviour</u> <u>Key Vocabulary:</u> <u>Budget, saving, spending, borrowing, income, expenses, debt, financial risk, consumer, ethical, unethical, value, choice, responsibility</u> <u>Resources:</u> <u>Budgeting templates and worksheets</u> <u>Banking and financial literacy videos</u>	<u>Intended Skills:</u> <u>Making informed healthy lifestyle choices</u> <u>Managing physical and emotional changes during puberty</u> <u>Developing personal hygiene routines</u> <u>Recognising and responding to unsafe situations</u> <u>Communicating concerns and seeking help</u> <u>Building confidence and resilience during adolescence</u> <u>Key Vocabulary:</u> <u>Puberty, adolescence, hygiene, wellbeing, healthy lifestyle, physical health,</u>
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	<u>Equality and human rights resources</u> <u>Anti-bullying materials</u> <u>Online safety videos</u> <u>Social stories about inclusion and respect</u> <u>Scenario and discussion cards</u> <u>Case studies exploring discrimination and bullying</u> <u>Trusted adult and support network templates</u> <u>Suggested Activities:</u> <u>Role Play</u> <u>Challenging stereotypes respectfully</u>	<u>opportunity, equality, stereotype, skills, qualities, values, goals</u> <u>Resources:</u> <u>Careers information websites and videos</u> <u>Careers profiles and job descriptions</u> <u>Enterprise challenge resources</u> <u>Team-building activities</u> <u>Role model case studies</u> <u>Labour market information (age-appropriate)</u> <u>Career pathway maps</u> <u>Skills and strengths audits</u>	<u>Resources:</u> <u>Sixth form transition guides</u> <u>Travel safety videos and posters</u> <u>First aid training materials</u> <u>Social stories about transition and new experiences</u> <u>Emergency contact information templates</u> <u>Road, rail, and water safety resources</u> <u>Wellbeing and emotional regulation resources</u> <u>Scenario cards and case studies</u>	<u>boundaries, consent, stereotype, healthy, unhealthy, support</u> <u>Resources:</u> <u>Relationship and friendship scenario cards</u> <u>Self-esteem and confidence-building activities</u> <u>Healthy relationship checklists</u> <u>Media analysis activities</u> <u>Online safety resources</u> <u>Videos exploring positive relationships</u> <u>Case studies and discussion prompts</u>	<u>Case studies about financial choices</u> <u>Consumer awareness resources</u> <u>Money management apps (demonstration purposes)</u> <u>Scenario cards involving spending and borrowing decisions</u> <u>News articles and examples of ethical businesses</u> <u>Financial education resources from banks and educational organisations</u>	<u>emotional health, boundaries, consent, personal safety, support, respect, confidence</u> <u>Resources:</u> <u>Puberty education resources and videos</u> <u>PSHE Association guidance materials</u> <u>Hygiene products and demonstrations</u> <u>Healthy lifestyle and wellbeing posters</u> <u>Scenario cards relating to personal safety</u> <u>Trusted adult and support network templates</u> <u>NHS health education resources</u>
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	<u>Supporting a person who feels excluded</u> <u>Reporting bullying to a trusted adult</u> <u>Demonstrating inclusive and respectful behaviour</u>	<u>Equality and diversity resources</u> <u>Suggested Activities: Role Play</u> <u>Job interviews and workplace scenarios</u> <u>Team leader and team member activities</u> <u>Enterprise and business challenges</u> <u>Presenting ideas to a group</u>	<u>Suggested Activities: Role Play</u> <u>Introducing yourself in a new learning environment</u> <u>Asking for help when lost or unsure</u> <u>Responding to an emergency situation</u> <u>Practicing basic first aid scenarios</u> <u>Developing positive friendship skills</u>	<u>Trusted adult and support service information</u> <u>Suggested Activities: Role Play</u> <u>Practicing respectful communication</u> <u>Setting and respecting personal boundaries</u> <u>Responding to peer pressure appropriately</u> <u>Building positive friendships and relationships</u>	<u>Suggested Activities Role Play</u> <u>Creating and managing a personal budget</u> <u>Making choices between saving and spending</u> <u>Comparing different purchasing decisions</u> <u>Responding to pressure to spend money irresponsibly</u> <u>Scenario-Based Learning</u>	<u>Safeguarding materials and reporting procedures</u> <u>Suggested Activities Role Play</u> <u>Asking for advice about puberty and growing up</u> <u>Seeking support from a trusted adult</u> <u>Responding confidently to unwanted or uncomfortable situations</u> <u>Practising assertive communication and personal boundaries</u>
	<u>Scenario-Based Learning</u> <u>"Someone is excluded from a group because they are different—what should you do?"</u> <u>"You hear a stereotype being repeated—how can you respond?"</u> <u>"Someone receives unkind messages online—what should happen next?"</u>	<u>Scenario-Based Learning</u> <u>"Your team has a problem to solve—how can you work together?"</u> <u>"You would like a career that interests</u>	<u>Scenario-Based Learning</u> <u>"You feel anxious about starting sixth form—what strategies could help?"</u>	<u>Scenario-Based Learning</u> <u>Seeking support when a relationship feels difficult</u> <u>Scenario-Based Learning</u> <u>"A friend is constantly making</u>	<u>Scenario-Based Learning</u> <u>"You have a limited budget but want several items—how do you decide?"</u> <u>"A friend encourages you to buy something you</u>	<u>Scenario-Based Learning</u> <u>"You notice changes in your body and feel unsure about them—</u>

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	<u>"A person is being treated unfairly—how can you help?"</u>	<u>you, but people say it is unusual—how do you respond?"</u>	<u>"You miss your bus home—what should you do?"</u>	<u>you feel unhappy—what could you do?"</u>	<u>cannot afford—what do you do?"</u>	<u>who could you talk to?"</u>
	<u>Practical / Interactive Activities</u>	<u>"A business idea needs improving—what creative solutions can you suggest?"</u>	<u>"You witness someone becoming unwell—how can you respond safely?"</u>	<u>"Someone does not respect your boundaries—how should you respond?"</u>	<u>"You are saving for a future goal—how can you stay motivated?"</u>	<u>"Friends are encouraging unhealthy choices—how can you respond?"</u>
	<u>Create a "Celebrating Diversity" poster</u>	<u>"You are choosing a future career—what factors should you consider?"</u>	<u>"You are travelling independently for the first time—what do you need to consider?"</u>	<u>"Social media presents unrealistic relationships—how can you challenge this?"</u>	<u>"Two businesses sell similar products, but one follows ethical practices—what factors influence your choice?"</u>	<u>"Someone makes you feel uncomfortable—what should you do?"</u>
	<u>Identity shield activity (exploring personal identity)</u>					<u>"You are feeling worried about changes during puberty—where can you get support?"</u>
	<u>Bullying vs friendship behaviour sorting task</u>	<u>Practical / Interactive Activities</u>	<u>"You find making new friends difficult—who can support you?"</u>	<u>"A relationship feels supportive and respectful—what makes it healthy?"</u>	<u>"You are offered an opportunity that seems risky but promises quick rewards—what should you consider?"</u>	<u>"You need to develop a healthier daily routine—what changes could you make?"</u>
	<u>Diversity and inclusion discussion circles</u>	<u>Complete a personal skills and strengths audit</u>		<u>"You feel pressured into doing something you do not want to do—what are your options?"</u>		
	<u>Anti-bullying campaign project</u>	<u>Create a 'My Future Career Pathway' poster</u>	<u>Practical / Interactive Activities</u>		<u>Practical / Interactive Activities</u>	
	<u>Rights and responsibilities matching activity</u>	<u>Enterprise challenge (designing and marketing a product)</u>	<u>Create a Transition to Sixth Form Action Plan</u>			<u>Practical / Interactive Activities</u>
			<u>Travel route planning and safety activity</u>		<u>Create a personal monthly budget</u>	<u>Create a Healthy Lifestyle Action Plan</u>

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	<u>Distance Learning Activities</u> <u>Create a digital presentation: "What Makes Us Different and Unique"</u> <u>Online quizzes about diversity and bullying</u> <u>Watch and reflect on inclusion and anti-bullying videos</u>	<u>Career research project</u> <u>Team-building and leadership activities</u> <u>Goal-setting and action-planning exercises</u> <u>Stereotype challenge activity (matching careers to skills rather than assumptions)</u>	<u>Emergency contact card creation</u> <u>Basic first aid demonstrations and practice</u> <u>Friendship and support network mapping</u> <u>Risk assessment activities for different travel situations</u>	<u>Practical / Interactive Activities</u> <u>Create a "Healthy Relationships" poster</u> <u>Relationship qualities sorting activity</u> <u>Self-worth and strengths reflection exercise</u>	<u>Needs vs wants financial planning activity</u> <u>Saving goals challenge</u> <u>Compare products to determine value for money</u> <u>Ethical consumer research project</u> <u>Risk and consequence matching activity</u>	<u>Personal hygiene routine checklist</u> <u>Puberty changes sorting activity (physical and emotional)</u> <u>Healthy vs unhealthy choices investigation</u> <u>Trusted adults and support network mapping</u>
	<u>Participate in virtual discussions about fairness and equality</u>	<u>Distance Learning Activities</u>	<u>Problem-solving challenge linked to independent travel</u>	<u>Media stereotype investigation</u> <u>Friendship and support network mapping</u>	<u>Budgeting simulation game</u>	<u>Personal safety and boundary-setting exercises</u> <u>Wellbeing and self-care journal</u>
	<u>Record a short video explaining how to support others</u>	<u>Complete online careers quizzes and skills inventories</u> <u>Create a digital presentation: "My Future Aspirations"</u> <u>Research and present a chosen career</u>	<u>Distance Learning Activities</u> <u>Online first aid awareness quizzes</u> <u>Create a digital presentation: "Staying Safe and Independent"</u>	<u>Communication and boundary-setting workshops</u> <u>Group discussions exploring trust and respect</u>	<u>Distance Learning Activities</u> <u>Online budgeting and money management quizzes</u> <u>Create a digital presentation: "How</u>	<u>Distance Learning Activities</u> <u>Online quizzes about health and puberty</u> <u>Create a digital presentation: "Looking After My</u>
				<u>Distance Learning Activities</u>		

