

## 9N – Navigator Curriculum – Long Term Plan /Self-help & independence/ 1 lesson per week

|             | 2024– 2025<br>Autumn 1<br>Unit 1   | 2024– 2025<br>Autumn 2<br>Unit 2  | 2024– 2025<br>Spring 1<br>Unit 3   | 2024– 2025<br>Spring 2<br>Unit 4   | 2024– 2025<br>Summer 1<br>Unit 5   | 2024– 2025<br>Summer 2<br>Unit 6   |
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| Year<br>9 N | <p><b>Topic:</b><br/><b>Personal safety/ First Aid</b></p> <p><b>Suggested Key Questions:</b></p> <p>Do you know basic types of personal safety? (being alone at home, home safety, being on the road, knowing emergency numbers, internet safety, hygiene-being safe from germs, bacteria)</p> <p>Do you know how to resist pressure and persuasion from others to do things you think are too risky?</p> <p>Do you know when people need First Aid? Do you know how to apply basic First Aid?</p> <p><b>Key skills and knowledge:</b></p> <p>To know safety rules, to be able to identify basic First Aid treatment such as minor burns, minor</p> | <p><b>Topic:</b><br/><b>Personal safety/ Road safety.</b></p> <p><b>Suggested Key Questions:</b></p> <p>Can you identify any dangerous things children/teenagers do while walking, cycling or in cars?</p> <p>Do you know how to stay safe when out?</p> <p>Do you know how to keep safe on the road?</p> <p>Do you know the rules of online safety?</p> <p>How can you show assertiveness?</p> <p><b>Road safety week</b></p> <p><b>Key skills and knowledge:</b></p> <p>To identify online safety rules.</p> <p>To identify basic road safety rules, stranger-danger rules;</p> | <p><b>Topic:</b><br/><b>Safety at home/ emergency services</b></p> <p><b>Suggested Key Questions:</b></p> <p>Do you know potential hazards in the home?</p> <p>Do you know how to prevent potential hazards in the home?</p> <p>Can you explain the differences between various types of emergency e.g. Medical, Fire, Police?</p> <p>What would you do to secure the home?</p> <p>Do you know what to do to prevent somebody breaks in?</p> <p><b>Key skills and knowledge:</b></p> <p>To be able to explain what is an emergency.</p> <p>To be able to name three different types of emergency- Medical, Fire, Police.</p> | <p><b>Topic:</b><br/><b>Safety at home/ dealing with a fire</b></p> <p><b>Suggested Key Questions:</b></p> <p>Can you identify what to do in case you see a fire?</p> <p>Can you identify main steps what should you do in case you hear a fire alarm?</p> <p>Do you know whom to call in the event of the fire?</p> <p>Can you make a simple plan what to do in the event of the fire?</p> <p>Can you take part in a fire drill at school?</p> <p><b>Key skills and knowledge:</b></p> <p>To be able to give a simple plan of evacuation in the event of the fire.</p> <p>To be able to take part in evacuation of the building e.g. in school.</p> | <p><b>Topic:</b><br/><b>World of work Independence: money</b></p> <p><b>Suggested Key Questions:</b></p> <p>Do you know different jobs and different workplaces?</p> <p>Can you name at least three different jobs and workplaces related to these jobs?</p> <p>Do you know how much people potentially earn in certain jobs?</p> <p>How good are you with money?</p> <p>Can you add up coins/ notes?</p> <p><b>Key skills and knowledge:</b></p> <p>Students should understand that different jobs have different salaries, wages.</p> <p>They should know that salary depends on the qualifications, skills,</p> | <p><b>Topic:</b><br/><b>World of work Working world</b></p> <p><b>Suggested Key Questions:</b></p> <p>Do you know health and safety rules applying to the workplace e.g. school?</p> <p>Do you know some skills you need to have if you want to apply for jobs of your interests?</p> <p><b>Key skills and knowledge:</b></p> <p>To be able to link skills to given jobs.<br/>To be able to relate jobs to different workplaces.</p> <p>SOLAR assessment</p> |

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|                                    | <p>cuts, stomach pain; to understand when a First Aider can treat us and when do we need to call an ambulance.</p> <p>Defining personal safety, First Aid; Participating in First Aid basic demonstration;</p> <p>SOLAR assessment</p> | <p>Defining personal online safety;<br/>Defining road safety;<br/>Participating in safety crossing the road demonstration;</p> <p>SOLAR assessment</p> | <p>To be able to give examples of different emergencies in the home.</p> <p>Defining hazards in the house.<br/>Examples of emergency services.</p> <p>SOLAR assessment</p> | <p>To know where the Assembly point at school is and to find out where would they go outside of their house?</p> <p>To take part in the fire drill at school.<br/>To make a simple plan in the event of the fire;</p> <p>SOLAR assessment</p> | <p>experience and qualities required for a certain job.</p> <p>Students should learn about the importance of calculating the money.</p> <p>They should be able to test themselves how good they are with money and if possible to set own goals.</p> <p>Students should learn about how own interests can affect future career.<br/>SOLAR assessment</p> |  |
| <p>Links to Gatsby Benchmarks:</p> | <p><u>4. Linking careers to curriculum;</u></p> <p>Jobs in different workplaces, looking at Traffic Warden, Police officers, Hygienists, doctors;</p>  | <p><u>4. Linking careers to curriculum;</u></p> <p>Jobs in different workplaces, looking at Traffic Warden, Police officers;</p>                       | <p><u>4. Linking careers to curriculum;</u></p> <p>Jobs in different workplaces, looking at Traffic Warden, Police officers;</p>   | <p><u>4. Linking careers to curriculum;</u></p> <p>Jobs in different workplaces, looking at Traffic Warden, Police officers, Firefighters;</p>  | <p><u>4. Linking careers to curriculum;</u></p> <p>Jobs in different workplaces, looking at Traffic Warden, Police officers, Firefighters;</p>   | <p><u>4. Linking careers to curriculum;</u></p> <p>Jobs in different workplaces, looking at Traffic Warden, Police officers, Firefighters;</p> |

