# Subject Princes Trust 6 Subjects/Lessons weekly 8V - Venture Curriculum

Year	2024 – 2025 Autumn 1	2024 – 2025 Autumn 2	2024 – 2025 Spring 1	2024 – 2025 Spring 2	2024 – 2025 Summer 1	2024 – 2025 Summer 2
	Topic: Communication	Topic: Digital Skills- Entry Level	Topic Well-Being- Entry	Topic: Well-Being and	Topic: Supporting others	Topic:  Making successful
	https://education.princes- trust.org.uk/en/activities/det ail/1ZIObA8ERBDmY1vbwt PWLN	https://education.princes trust.org.uk/en/activities/	Level 3  https://education.princes-	Breaking Habits  https://education.princes-	in the community  Suggested Key	transitions.  https://assets.ctfassets.net/en0c1bjgheo7/6fxhrgj
	Suggested Key Questions:	detail/JwXufoDWDl8Fiom uzfzxf Suggested Key	trust.org.uk/en/activities /detail/7zXDTlwMOOFw2 WxzCUQjRY Suggested Key	trust.org.uk/en/activit ies/detail/1dxxyVnp6 TYXZeAdcUL1fN Suggested Key	Questions: Understand what it means to be a	wdM0AVpQFeB960N/78 8f89d323058da513e152 2f0aaaf676/Making Suc cessful_Transitions_Ses sion_Plan.pdf
	Understand key communication skills.  Develop communication	Questions:  1. Understand esafety	Questions:  1.Be able to understand emotional	Questions:  To understand habits and how to	'changemaker' and the importance of supporting others.	Suggested Key Questions:
	skills to project greater confidence at School	<ul><li>1.1.State what is meant by "e-safety"</li><li>1.2. Identify types of</li></ul>	wellbeing.  1.1. State what is meant by	overcome them.  Young people develop definitions	Identify the different individuals/groups in the community who require support.	What emotions and feelings might you experience when you deal with changes and
	How would you describe good/effective communication?	online threats.  1.3.Give examples of features that make a	emotional wellbeing.  1.2. Give an example	of a habit and understand how habits are formed.	What does outreach project mean?	major life transitions?  Understand why transitions can be
	What are the greatest challenges to good communication?	password secure.  2.Understand appropriate online	of a factor that can affect mental health.	They analyse their own habits and determine what makes a good and	Deliver and evaluate a community outreach project	challenging.  List strategies, existing skill sets and
	How important is listening in communication?	behavior.  2.1.Identify examples of positive and negative	2. Be able to understand physical wellbeing.	bad habit.  The group discusses unhealthy and	Identify the skills, learnings and experience gained from their project	actions to help make successful transitions Understand the
	Can culture, gender, nationality or social class have an effect on communication?	online behaviours.  2.2. List the impacts of inappropriate	1.1. State what is meant by physical wellbeing.	dangerous habits, the consequences of these and strategies for breaking habits.	and how this can help them in the future.	different transferable skills required to make successful transitions e.g. adaptability,
	What role do facial expressions, gestures	online behaviour.  3.Understand uses of digital tools.	Give an example of a factor that can affect physical	Young people also create action plans.	How does it feel when you help someone?	problem solving, staying positive etc.

# Curriculum intent (overview) – To deepen students' skills and knowledge through a broad and balanced curriculum which prepares students for adulthood.

and pauses play in communication?

Has the development of the internet and social media caused a change in the way we communicate (quality, quantity, style etc.)?

#### Key Skills and Knowledge:

This session includes a selection of confidence building activities for young people. Learners are provided with opportunities to explore and practise a range of communication skills. This is most suitable for learners in the younger secondary age year groups.

- 3.1. Give examples of digital tools.
- 3.2. Give examples of tasks which require digital tools.
- 4.. Be able to review own digital skills and identify areas for development.
- 4.1. Give an example of own digital skill that needs to be developed.
- 4.2.Identify a way to develop this digital skill

### Key Skills and Knowledge:

This unit aims to support learners' use of digital technology to enhance their communication, problem solving and employability skills, as well as their use of social media in a safe and informed way.

Understand e-safety and appropriate online behavior.

Understand uses of digital tools.

Review own digital skills and identify areas for development.

wellbeing.

- 1.3. Give an example of personal hygiene that is important for physical wellbeing.
- 3. Be able to understand how to respond positively to stress.
- 3.1. State what is meant by stress
- 3.2. Give an example of a possible cause of stress.
- 3.3.Identify physical signs of stress.
- 3.4. Identify a strategy for reducing and managing stress.

- 4. Be able to take action to improve own wellbeing.
- 4.1.Identify a way to develop your self-esteem.
- 4.2. Identify strategies you could use to support your own mental health.
- 4.3. Give an example of an organisation or person who could provide information, advice or support for your wellbeing.

### Key Skills and Knowledge:

This unit takes a look at habits: what they are, how they are formed and what young people can do to overcome them. It will help learners understand themselves more and decide which habits of theirs need to be broken.

#### Key Skills and Knowledge:

This session will explore the importance of supporting others in the community, before encouraging learners to prepare for their own outreach projects.

It will guide them through each step in the journey, from deciding who they will support and how, through to measuring success and reflecting on what they've gained from the experience

#### Key Skills and Knowledge:

This unit helps young people identify what they find difficult about transitions and what they can do to make these transitions easier to manage

To enable young people to discuss and think about any fears and anxiety they might have about transitions. They will develop strategies, as well as specific actions, for making transitions easier.

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#### Links to Gatsby Benchmarks

- 3. Addressing the needs of each pupil4. Linking curriculum learning to careers5. Encounters with employers and employees.
- 6. Experiences of workplaces

Pupils health and physical needs are developed. Students to consider what skills are needed to access the opportunities they are interested in. Discussing careers in sports and researchina sports. Taking pupils to leisure / sports centres for tournaments, meeting employees or employers from a leisure centre or a personal trainer or a coach to talk to students.

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