

Curriculum intent (overview) – To deepen students’ skills and knowledge through a broad and balanced curriculum which prepares students for adulthood.

## 8V - Venture Curriculum – Subject PE 2 Subjects/Lessons weekly

Year	2024 – 2025 Autumn 1	2024 – 2025 Autumn 2	2024 – 2025 Spring 1	2024 – 2025 Spring 2	2024 – 2025 Summer 1	2024 – 2025 Summer 2
	<p><b><u>Topic:</u></b></p> <p>Football/Hockey</p> <p><b><u>Suggested Key Questions:</u></b></p> <p>-Can you think of some key words for football and Hockey? -Do you know some different positions for players in football and Hockey? -Why is it important to exercise? -What is meant by tactics? -Can you state some tactics of football and Hockey? -Do you play football / Hockey out of school? -Do you play for any clubs or teams?</p> <p><b><u>Key Skills and Knowledge:</u></b></p> <p>Students will experience sessions in football and will further develop key skills such as dribbling with both feet, long-range passing and shooting.</p> <p>Students will also experience sessions in hockey and will further develop key skills such as passing techniques, dribbling in tight areas,</p>	<p><b><u>Topic:</u></b></p> <p>Basketball/Handball</p> <p><b><u>Suggested Key Questions:</u></b></p> <p>-Can you think of some key words for basketball/handball? -Do you know some different positions for players in basketball/handball? -Why is it important to exercise? -What is meant by tactics? -Can you state some tactics of basketball/handball? -Do you play handball / basketball out of school? -Do you play for any clubs or teams?</p> <p><b><u>Key Skills and Knowledge:</u></b></p> <p>Students will experience sessions in basketball and will be further taught the key skills such as passing, dribbling, defense and shooting (set shot, lay-up).</p>	<p>Unit 3</p> <p>Fitness Training-circuits/Indoor Cricket</p> <p><b><u>Suggested Key Questions:</u></b></p> <p>-Can you think of some key words for tennis? Where can you go to play racket sports?? -Why is it important to exercise? -What is meant by tactics? -Can you state some tactics of racket sports? -Do you play racket sports out of school? -Do you play for any clubs or teams? Where could you play?</p> <p><b><u>Key Skills and Knowledge:</u></b></p> <p>-indoor cricket sessions - they recap practise catching and throwing and the basic techniques for batting and bowling are developed further, eg- straight arm for bowling, defensive shots in</p>	<p>Unit 4</p> <p>Indoor Cricket/ Racket sports - Short Tennis / Badminton</p> <p><b><u>Suggested Key Questions:</u></b></p> <p>-Can you think of some key words for fitness training? -Where can you go to exercise? -Why is it important to exercise? -What is meant by tactics? -Can you state some tactics of cricket? -Do you play football / cricket out of school? -Do you play for any clubs or teams? -Are you an experienced swimmer?</p> <p><b><u>Key Skills and Knowledge:</u></b></p> <p>-indoor cricket sessions - they recap practise catching and throwing and the basic techniques for batting and bowling are developed further, eg- straight</p>	<p>Unit 5</p> <p>Athletics/Rounders Kurling/Boccia/Tri-Golf Cricket (wet weather)</p> <p><b><u>Suggested Key Questions:</u></b></p> <p>-Can you think of some key words for athletics? -What does it mean to ‘pace yourself’ when running? -Why is it important to exercise? -What is meant by tactics? -Can you state some tactics of rounders? -Do you play athletics out of school? -Do you play for any clubs or teams? Where could you play?</p> <p><b><u>Key Skills and Knowledge:</u></b></p> <p>Pupils practise their techniques for athletics – sprinting techniques, shot, disc and javelin basic grip.</p> <p>Pupils take part in sports such as athletics, cricket and</p>	<p>Unit 6</p> <p>Athletics / Rounders/Cricket / HRF -Bleep test</p> <p><b><u>Suggested Key Questions:</u></b></p> <p>-Can you think of some key words for athletics? -can you name the different sprinting race distances? -Why is it important to exercise? -What is meant by tactics? -Can you state the main activities in athletics? -Do you play athletics out of school? -Do you play for any clubs or teams? Where could you play?</p> <p><b><u>Key Skills and Knowledge:</u></b></p> <p>Pupils practise their techniques for athletics – sprinting techniques, shot, disc and javelin basic grip.</p> <p>Pupils take part in sports such as athletics, cricket and</p>

**Curriculum intent (overview) – To deepen students’ skills and knowledge through a broad and balanced curriculum which prepares students for adulthood.**

	<p>correct tackling technique, and shooting from distance.</p> <p>Students are taught the different scoring and rules of both sports with a tactical element introduced to improve performance.</p>	<p>Students will also experience sessions in handball, and they are further taught key skills such as passing techniques (short and long distance), dribbling, defending, attacking and shooting.</p> <p>Students are taught the different scoring and rules of both sports with a tactical element introduced to improve performance.</p> <p>Students begin to prepare themselves for the Entry Level Exam in Key Stage 4 by playing in a games approach, they are encouraged to develop their tactics and skills and strategies to 'outwit an opponent'.</p>	<p>batting. Fielding positions are introduced in small games.</p> <p>Pupils also continue to take part in circuit training sessions to improve their health and fitness, the target is to improve on previous years performance in each activity</p> <p>'Exercising safely and effectively' are focused on.</p>	<p>arm for bowling, defensive shots in batting. Fielding positions are introduced in small games.</p> <p>-Racket Sports - short tennis trying to move your opponent around the court is introduced. Badminton, and table tennis are introduced, basic techniques – racket grip, serve, foot movement</p> <p>Pupils experience indoor cricket sessions. They practise catching and throwing and are taught the basic techniques for batting and bowling. Students participate in racket sports, they are taught the basic grip, forehand / backhand / feet movement.</p>	<p>rounders and also take part in activities such as Kurling / boccia and tri-golf. Basic techniques and skills are introduced. 'Exercising safely and effectively' during activities are focused on.</p>	<p>rounders. Pupils complete the multistage fitness test to measure if their fitness levels have improved. 'Exercising safely and effectively' during activities are focused on.</p>
--	---	--	---	---	---	--

**Curriculum intent (overview) – To deepen students’ skills and knowledge through a broad and balanced curriculum which prepares students for adulthood.**

<p><b>Links to Gatsby Benchmarks:</b></p>	<p>3. Addressing the needs of each pupil 4. Linking curriculum learning to careers 5. Encounters with employers and employees.  6. Experiences of workplaces</p> <p>Pupils health and physical needs are developed. Students to consider what skills are needed to access the opportunities they are interested in. Discussing careers in sports and researching sports. Taking pupils to leisure / sports centres for tournaments, meeting employees or employers from a leisure centre or a personal trainer or a coach to talk to students.</p>	<p>3. Addressing the needs of each pupil 4. Linking curriculum learning to careers 5. Encounters with employers and employees.  6. Experiences of workplaces</p> <p>Pupils health and physical needs are developed. Students to consider what skills are needed to access the opportunities they are interested in. Discussing careers in sports and researching sports. Taking pupils to leisure / sports centres for tournaments, meeting employees or employers from a leisure centre or a personal trainer or a coach to talk to students.</p>	<p>3. Addressing the needs of each pupil 4. Linking curriculum learning to careers 5. Encounters with employers and employees.  6. Experiences of workplaces</p> <p>Pupils health and physical needs are developed. Students to consider what skills are needed to access the opportunities they are interested in. Discussing careers in sports and researching sports. Taking pupils to leisure / sports centres for tournaments, meeting employees or employers from a leisure centre or a personal trainer or a coach to talk to students.</p>	<p>3. Addressing the needs of each pupil 4. Linking curriculum learning to careers 5. Encounters with employers and employees.  6. Experiences of workplaces</p> <p>Pupils health and physical needs are developed. Students to consider what skills are needed to access the opportunities they are interested in. Discussing careers in sports and researching sports. Taking pupils to leisure / sports centres for tournaments, meeting employees or employers from a leisure centre or a personal trainer or a coach to talk to students.</p>	<p>3. Addressing the needs of each pupil 4. Linking curriculum learning to careers 5. Encounters with employers and employees.  6. Experiences of workplaces</p> <p>Pupils health and physical needs are developed. Students to consider what skills are needed to access the opportunities they are interested in. Discussing careers in sports and researching sports. Taking pupils to leisure / sports centres for tournaments, meeting employees or employers from a leisure centre or a personal trainer or a coach to talk to students.</p>	<p>3. Addressing the needs of each pupil 4. Linking curriculum learning to careers 5. Encounters with employers and employees.  6. Experiences of workplaces</p> <p>Pupils health and physical needs are developed. Students to consider what skills are needed to access the opportunities they are interested in. Discussing careers in sports and researching sports. Taking pupils to leisure / sports centres for tournaments, meeting employees or employers from a leisure centre or a personal trainer or a coach to talk to students.</p>
---	--	--	--	--	--	--

**Curriculum intent (overview) – To deepen students' skills and knowledge through a broad and balanced curriculum which prepares students for adulthood.**