

7N - Navigator Curriculum - – Self - help & independence / 1 Lesson weekly

Year	2024– 2025 Autumn 1 Unit 1	2024– 2025 Autumn 2 Unit 2	2024– 2025 Spring 1 Unit 3	2024– 2025 Spring 2 Unit 4	2024– 2025 Summer 1 Unit 5	2024– 2025 Summer 2 Unit 6
7N	<p>Topic: Time & self-organization skills</p> <p>Suggested Key Questions:</p> <p>Do you know the days of the week? Do you know months of the year? Timetable of the day – different activities Do I have my stationery? Subjects on my timetable –what do I need to prepare?</p> <p>Do I understand what being well organized means? Do you know what being punctual means?</p> <p>Key skills and knowledge:</p> <p>To be able to read a calendar – days, months, dates- more advanced students independently, less advanced students with some support.</p> <p>Defining the quality-organized.</p>	<p>Topic: Personal safety Road safety</p> <p>Suggested Key Questions:</p> <p>Do you know how to keep safe at home? Do you know how to keep safe when you are in the community? Do you know how to stay safe on the road? Do you know what different crossings are? Do you know the green code?</p> <p>Key skills and knowledge:</p> <p>To be able to identify safety rules on the road. To be able to identify a trusted person.</p> <p>Defining personal / road safety. Practical activities on the playground- traffic lights to be used. Teacher`s statement, observation, check list to be filled in, road safety assessment.</p>	<p>Topic: Personal safety/</p> <p>Suggested Key Questions:</p> <p>Do you know when to say `no`? Do you know when to stay alert? E.G. when a stranger approach you and ask about directions; Do you know what to do when someone offers you things? Do you know what the dangers in your community are? Do you know how to stay safe online?</p> <p>Key skills and knowledge:</p> <p>To be able to identify personal situations which are not safe. To be able to give examples of some solutions to these situations.</p> <p>Defining `stranger-danger` Defining `being assertive`.</p>	<p>Topic: Developing independent living skills: personal hygiene</p> <p>Suggested Key Questions:</p> <p>Do you know how to wash your hands properly? When do we have to wash our hands? Can you identify dangers to ourselves if we do not wash our hands properly? Can you identify how many times a day we need to wash our body? Can you name some products we need to wash our body? Do you know when do we need to brush our teeth? Do you know how to brush your teeth?</p> <p>Key skills and knowledge:</p> <p>To be able to identify basic hygiene rules.</p>	<p>Topic: Self-awareness &employability skills</p> <p>Suggested Key Questions:</p> <p>Do you know your personal details? Do you know the area where do you live? (continent, country, city, district,) Can you identify different appearances? Do you know the differences and similarities between you and your friends? Do you know what qualities do you have?</p> <p>Key skills and knowledge:</p> <p>To be able to introduce yourself to another person, identifying your own personal traits, characteristics.</p> <p>Defining self-awareness; Defining personal details; Simple description of themselves;</p>	<p>Topic: Self-awareness &employability skills</p> <p>Suggested Key Questions:</p> <p>What is your favourite food? What is your favourite subject? Do you know what skills do you have? What is the difference between skills and qualities?</p> <p>Key skills and knowledge:</p> <p>To be able to identify own skills and qualities. To be able to identify own likes and dislikes.</p> <p>Defining self-awareness; Defining skills; Simple description of personal skills, examples, evidence, check list worksheets, practical activities;</p> <p>SOLAR assessment:</p>

