Class 3Q1 - Quest Curriculum – Self-help &independence/

Year	2024 - 2025 Autumn 1 Unit 1	2024 - 2025 Autumn 2 Unit 2	2024- 2025 Spring 1 Unit 3	2024 - 2025 Spring 2 Unit 4	2024 - 2025 Summer 1 Unit 5	2024 - 2025 Summer 2 Unit 6
Year 7	Topic: Personal safety	Topic: Personal safety/Road safety	Topic: Personal hygiene	Topic: Personal hygiene	Topic Self-awareness /skills for work	Topic Self-awareness /skills for work
	Key Questions: Can you write your	Suggested key Questions:	Suggested key Questions:	Suggested key Questions:	Suggested key Questions:	Suggested key Questions:
	full name? Do you know your	Do you know what	What is personal hygiene?	What is the difference between good and	Do you know what you look like? E.g.	Can you
	address? Do you know why	are dangers to your safety outside / on	Can you wash your hands properly?	bad appearance, how do we look like?	hair color, eyes color, height, shoe size,	recognize/identify things you like doing in
	you should not give your address to unknown people?	the road/in the community? Can you cross the	When do we need to wash our hands? Do you know how to	Can you recognize good/bad smell? Do you know any	What is your favourite food? What is your favourite	your free time? Can you identify things you are good at doing?
	Do you know who is a trusted adult/	road safely? Do you know different	brush your teeth properly?	hygiene products?	subject? Can you draw/ write	E.g. reading, drawing, playing basketball,
	person? Do you know what to	crossings? What do we need to	Do you know when do we need to brush	Key skills and knowledge:	about your family and friends circle?	swimming, riding a bike; Can you, with support,
	do if you are at home alone? Do you know the	do to be safe on the road?	our teeth? Clean nails- do you know how to look	To be able to spot a difference between	Key skills and knowledge:	or independently identify at least one
	stranger-danger rule?	Key skills and knowledge:	after your nails?	good and bad appearance.	To be able to	thing you would like to do in the future?
	Key skills and	To be able to	Key skills and knowledge:	To be able to	describe themselves, with	Key skills and knowledge:
	knowledge: To be able to	recognize dangers on the road.	To be able to wash	recognize unpleasant smells when people do not	support. To be able to give	To be able to give
	identify the city and country where we	To be able to recognize road	hands properly. To know when we	wash, clean themselves.	examples of favourite foods,	examples of own hobbies/interests.
	live. To be able to write own name /	safety rules.	need to wash our hands.	To be able to	subjects, preferences.	To learn how to make
	address for more independent	To practice crossing the road safely (role play,	To understand the hazards of not	recognize when we need to wash our	To be able to make	simple choices from supported materials, pictures, videos.
	students. To be able to find	school playground)	washing hands and not looking after our body.	hair/ body. To be able to	a choice from supported materials related to	To understand that
	the place where		our bouy.	recognize how to	relateu to	having hobbies can

Curriculum intent (overview) – To deepen students' skills and knowledge through a broad and balanced curriculum which prepares students for adulthood.

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	they live on a map, with support. To be able to recognize a trusted person/ adult.	To know that we need to look and listen for traffic. Students can take part in crossing the road where there are traffic lights. https://www.everyschool.co.uk/pshe-key-stage-1-keep-safe-and-healthy-5.html	To be able to recognize when we need to brush our teeth. To be able to recognize the need to clean our nails. Students start to recognize what germs and bacteria are.	look after our hair/body.	appearance, foods, hobbies;	make our life better, more interesting.			
Links to Gatsby Benchmarks:	Benchmark 2, — Learning from the Career and Labor Market information. Benchmark 3 — Addressing the needs of the student and * - Personal Guidance Students to consider what skills you need to be a Police Officer, people who keep us safe.	Benchmark 2, — Learning from the Career and Labor Market information. Benchmark 3 — Addressing the needs of the student and * - Personal Guidance Students to consider what skills you need to be a Police Officer, Traffic Warden, people who keep us safe.	Benchmark 2, — Learning from the Career and Labor Market information. Benchmark 3 — Addressing the needs of the student and * - Personal Guidance Students to consider what skills you need to be a Nurse, Carer, people who keep us safe.	Benchmark 2, — Learning from the Career and Labor Market information. Benchmark 3 — Addressing the needs of the student and * - Personal Guidance Students to consider what skills you need to be a Nurse, Carer, people who keep us safe.	Benchmark 2, — Learning from the Career and Labor Market information. Benchmark 3 — Addressing the needs of the student and * - Personal Guidance Students to consider what skills you need to do a chosen job.	Benchmark 2, — Learning from the Career and Labor Market information. Benchmark 3 — Addressing the needs of the student and * - Personal Guidance Students start looking at different skills for different jobs.			