

Curriculum intent (overview) – To deepen students’ skills and knowledge through a broad and balanced curriculum which prepares students for adulthood.

7V - Venture Curriculum – Subject PE 2 Subjects/Lessons weekly

Year	2023 – 2024 Autumn 1	2023 – 2024 Autumn 2	2023 – 2024 Spring 1	2023 – 2024 Spring 2	2023 – 2024 Summer 1	2023 – 2024 Summer 2
	<p>Topic:</p> <p>Football/Hockey</p> <p>Suggested Key Questions:</p> <ol style="list-style-type: none"> 1. - Can you think of some keywords for Football and Hockey? 2. -How many players play in a Hockey and football team? 3. -Why is it important to exercise and warm up before exercise? 4. -What is meant by tactics? <p>Key Skills and Knowledge:</p> <p>Students will experience sessions in football and will be taught the basic, key skills such as dribbling, passing, shooting.</p> <p>Students will also experience sessions in hockey, and they are</p>	<p>Topic:</p> <p>Basketball/Handball</p> <p>Suggested Key Questions:</p> <ol style="list-style-type: none"> 1. -Can you state some tactics of handball/basketball? 2-Do you play for any clubs or teams? 3. -Do you play handball / basketball out of school? <p>Key Skills and Knowledge:</p> <p>Students will experience sessions in basketball and will be taught the basic, key skills such as passing, ball handling, dribbling, blocking and shooting.</p> <p>Students will also</p>	<p>Topic:</p> <p>Fitness Training- circuits/Indoor Cricket</p> <p>Suggested Key Questions:</p> <ol style="list-style-type: none"> 1. _____ - Can you think of some key words for Cricket and Fitness? 2. -How many players play in a cricket team? 3. -Why is it important to exercise? 4. -What is meant by tactics? <p>Key Skills and Knowledge:</p> <p>Pupils take part in circuit training to improve their health and fitness.Pupils keep a record of their scores in different exercises and are encouraged to increase their scores.</p>	<p>Topic:</p> <p>Indoor Cricket/ Racket sports - Short Tennis / Badminton</p> <p>Suggested Key Questions:</p> <ol style="list-style-type: none"> 1. -Can you state some tactics of cricket? 2 -Do you play for any clubs or teams? 3. -Do you play cricket out of school? <p>Key Skills and Knowledge:</p> <p>-indoor cricket sessions – pupils practise catching and throwing and are introduced to the basic techniques for batting and bowling. - Non-stop cricket is introduced.</p>	<p>Topic:</p> <p>Athletics/Rounders Kurling/Boccia/Tri-Golf Cricket (wet weather)</p> <p>Suggested Key Questions:</p> <ol style="list-style-type: none"> 1- Can you think of some key words for rounders ? 2. –What is the name of the middle circle of the target? 3. -Why is it important to warm up before sporting activities? 4. –Can you explain some of the tactics in rounders? <p>Key Skills and Knowledge:</p> <p>-pupils take part in athletics and rounders, basic rules and techniques are introduced.</p> <p>Pupils take part in</p>	<p>Topic:</p> <p>Athletics / Rounders/Cricket / HRF -Bleep test</p> <p>Suggested Key Questions:</p> <ol style="list-style-type: none"> 1- Can you think of some key words for athletics? 2. –What are the events in athletics? 3-Can you describe some of the safety measures for the javelin? 4. –Have you beaten your previous scores for any of the athletics events <p>Key Skills and Knowledge:</p> <p>-pupils take part in athletics and rounders, basic rules and techniques are introduced.</p>

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	<p>taught the basic, key skills such as passing techniques, holding the hockey stick, dribbling, tackling, and shooting.</p> <p>Students are taught the different scoring and rules of both sports with a tactical element introduced to improve performance.</p>	<p>experience sessions in handball, and they are taught the basic, key skills such as passing techniques, handling, dribbling, blocking and shooting.</p> <p>Students are taught the different scoring and rules of both sports with a tactical element introduced to improve performance.</p>	<p>'Exercising safely and effectively' are focused on.</p> <p>Indoor cricket sessions - they practise catching and throwing and are introduced to the basic techniques for batting and bowling. -Non-stop cricket is introduced.</p> <p>-Students participate in racket sports (short tennis), they are taught the basic grip, forehand / backhand / feet movement and aim to participate in rallies with other pupils.</p>	<p>-Students participate in racket sports (short tennis), they are taught the basic grip, forehand / backhand / feet movement and aim to participate in rallies with other pupils.</p>	<p>activities such as Kurling / boccia and tri-golf. Basic techniques and skills are introduced.</p> <p>'Exercising safely and effectively' during activities are focused on.</p>	<p>Pupils complete the multistage fitness test to measure if their fitness levels have improved.</p> <p>'Exercising safely and effectively' during activities are focused on.</p>
<p>Links to Gatsby Benchmarks:</p>	<p>3. Addressing the needs of each pupil 4. Linking curriculum learning to careers 5. Encounters with employers and employees.</p> <p>6. Experiences of workplaces</p> <p>Pupils health and physical needs are developed. Students to consider what skills are needed to access the</p>	<p>3. Addressing the needs of each pupil 4. Linking curriculum learning to careers 5. Encounters with employers and employees.</p> <p>6. Experiences of workplaces</p> <p>Pupils health and physical needs are developed. Students to consider what skills are needed to access the</p>	<p>3. Addressing the needs of each pupil 4. Linking curriculum learning to careers 5. Encounters with employers and employees.</p> <p>6. Experiences of workplaces</p> <p>Pupils health and physical needs are developed. Students to consider what skills are needed to access the</p>	<p>3. Addressing the needs of each pupil 4. Linking curriculum learning to careers 5. Encounters with employers and employees.</p> <p>6. Experiences of workplaces</p> <p>Pupils health and physical needs are developed. Students to consider what skills are needed to access the</p>	<p>3. Addressing the needs of each pupil 4. Linking curriculum learning to careers 5. Encounters with employers and employees.</p> <p>6. Experiences of workplaces</p> <p>Pupils health and physical needs are developed. Students to consider what skills are needed to access the</p>	<p>3. Addressing the needs of each pupil 4. Linking curriculum learning to careers 5. Encounters with employers and employees.</p> <p>6. Experiences of workplaces</p> <p>Pupils health and physical needs are developed. Students to consider what skills are needed to access the</p>

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	<p>opportunities they are interested in. Discussing careers in sports and researching sports. Taking pupils to leisure / sports centres for tournaments, meeting employees or employers from a leisure centre or a personal trainer or a coach to talk to students.</p>	<p>opportunities they are interested in. Discussing careers in sports and researching sports. Taking pupils to leisure / sports centres for tournaments, meeting employees or employers from a leisure centre or a personal trainer or a coach to talk to students.</p>	<p>opportunities they are interested in. Discussing careers in sports and researching sports. Taking pupils to leisure / sports centres for tournaments, meeting employees or employers from a leisure centre or a personal trainer or a coach to talk to students.</p>	<p>opportunities they are interested in. Discussing careers in sports and researching sports. Taking pupils to leisure / sports centres for tournaments, meeting employees or employers from a leisure centre or a personal trainer or a coach to talk to students.</p>	<p>opportunities they are interested in. Discussing careers in sports and researching sports. Taking pupils to leisure / sports centres for tournaments, meeting employees or employers from a leisure centre or a personal trainer or a coach to talk to students.</p>	<p>opportunities they are interested in. Discussing careers in sports and researching sports. Taking pupils to leisure / sports centres for tournaments, meeting employees or employers from a leisure centre or a personal trainer or a coach to talk to students.</p>
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