

Curriculum intent (overview) – To deepen students’ skills and knowledge through a broad and balanced curriculum which prepares students for adulthood.

Class Explorer Curriculum – Life skills

Year	2023 – 2024 Autumn 1 Unit 1	2023 – 2024 Autumn 2 Unit 2	2023 – 2024 Spring 1 Unit 3	2023 – 2024 Spring 2 Unit 4	2023 – 2024 Summer 1 Unit 5	2023 – 2024 Summer 2 Unit 6
Year: 12, 13,14	<p>Topic: Topic: Personal care and hygiene EL2, Healthy Lifestyles EL3 To be accredited 2024</p> <p>Suggested Key Questions:</p> <p>Identify why bathing or showering is part of a regular personal routine. Identify other personal hygiene routines.</p> <p>State what is meant by a healthy and balanced diet. Can you identify essential food groups in a balanced diet?</p> <p>State the importance of physical activity to a healthy lifestyle. Can you identify 2 different types of exercise/sport/activity? Identify an effect of stress on the human body.</p> <p>Key Skills and Knowledge:</p>	<p>Topic: Personal care and hygiene EL2, Healthy Lifestyles EL3 To be accredited 2024</p> <p>Suggested Key Questions:</p> <p>Identify two examples of toiletry products. Select two toiletry items for personal use.</p> <p>Identify why clothes should be changed and washed regularly. Identify a routine for changing underwear.</p> <p>State how lack of exercise can affect the human body</p> <p>State what is meant by emotional and mental well-being. Can you identify how work/life balance can help maintain emotional and mental well-being?</p> <p>Identify why oral health is important. Give two examples of oral care products. Identify when and how teeth should</p>	<p>Topic: Topic: Personal care and hygiene EL2, Healthy Lifestyles EL3 To be accredited 2024</p> <p>Carry out of practical activity EL3/ EL2</p> <p>Suggested Key Questions:</p> <p>Identify why clothes should be changed and washed regularly. Identify a routine for changing underwear Can you identify a positive and negative point of own lifestyle in relation to physical and mental health, and emotional well-being? Identify a source of information and/or support and how it can be accessed. Can you identify a plan to improve own lifestyle?</p> <p>Identify why oral health is important. Give two examples of oral care products. Identify when and how teeth should be</p>	<p>Topic: Money EL3/ EL2</p> <p>Suggested Key Questions:</p> <p>Do you know British coins and notes? Can you add and subtract small amounts of money?</p> <p>Key Skills and Knowledge:</p> <p>Learners will know coins and notes involving the whole numbers. Students will be able to take part in simple transactions involving money and count British coins and notes;</p>	<p>Topic: Money EL3/ EL2</p> <p>Suggested Key Questions:</p> <p>Do you know how to calculate money to pay for an item? Can you demonstrate paying for an item?</p> <p>Key Skills and Knowledge:</p> <p>Learners will know coins and notes involving the whole numbers. Students will be able to take part in simple transactions involving money and count British coins and notes;</p>	<p>Topic: Money EL3/ EL2</p> <p>Suggested Key Questions:</p> <p>Can you write sums as a decimal point?EL3</p> <p>Can you add, subtract different sums of money?</p> <p>Key Skills and Knowledge:</p> <p>Learners will know coins and notes involving the whole numbers. Students will be able to take part in simple transactions involving money and count British coins and notes;</p>

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	<p>Students will gain the knowledge on importance of personal hygiene and be aware of the need for oral health.</p> <p>Students will gain the knowledge on balancing between healthy eating and secrecies to maintain healthy lifestyle.</p>	<p>be cleaned.</p> <p><u>Key Skills and Knowledge:</u></p> <p>Students will gain the knowledge on importance of personal hygiene and be aware of the need for oral health.</p> <p>Students will gain the knowledge on balancing between healthy eating and secrecies to maintain healthy lifestyle.</p>	<p>cleaned.</p> <p><u>Key Skills and Knowledge:</u></p> <p>Students will gain the knowledge on importance of personal hygiene and be aware of the need for oral health.</p>			
<p>Links to Gatsby Benchmarks:</p>	<p>4. Linking curriculum to careers.</p> <p>Looking at skills related to jobs in recycling industry. Looking at different jobs in recycling industry.</p>	<p>4. Linking curriculum to careers.</p> <p>Looking at skills related to jobs in recycling industry. Looking at different jobs in recycling industry.</p>	<p>4. Linking curriculum to careers.</p> <p>Looking at skills related to jobs in recycling industry. Looking at different jobs in recycling industry.</p>	<p>4. Linking curriculum to careers.</p> <p>Looking at skills related to different jobs. Using tools- which jobs required these skills?</p>	<p>4. Linking curriculum to careers.</p> <p>Looking at skills related to different jobs. Using tools- which jobs required these skills?</p>	<p>4. Linking curriculum to careers.</p> <p>Looking at skills related to different jobs. Using tools- which jobs required these skills?</p>