Class - 7V Curriculum - Personal Development /Lessons weekly

2022 - 20232022 - 20232022 - 20232022 - 2023Year Spring 2 2022 - 20232022 - 2023Summer 1 Autumn 2 Autumn 1 Unit 4 Spring 1 Summer 2 Unit 2 Unit 5 Unit 1 Living in the Wider Unit 3 Unit 6 Relationships Living in the Wider Relationships World **Health and Wellbeing Health and Wellbeing** World 7 Topic: What is **Topic:** What Topic: What can Topic: Who is **Topic: Who helps** Topic: How can we do with the same and we look after helps us stay special to us? to keep us safe? Keeping safe; people who Ourselves and others: different about each other and healthv? money? people who care for us: help us Being healthy; hygiene; Money; making choices; us? the world? groups we belong to: medicines; people who needs and wants Ourselves and others: Ourselves and others: families Suggested Key help us with health similarities and the world around us: Suggested Key **Questions: Suggested Kev** differences: caring for others: Questions: **Suggested Kev** 1. What people have Questions: individuality; our bodies growing and changing 1. How is family one **Questions:** different roles in the 1. What money is of the groups they 1. What being community to help **Suggested Kev Suggested Key** that money comes belong to, as well healthy mean? in different forms? them (and others) Questions: Questions: as, for example, 1.How can kind and 2. Who helps help keep safe - the jobs 1. What do you 2. How money is you to stay healthy school, friends, they do and how they like/dislike and are unkind behaviour obtained (e.g. clubs? (e.g. parent, dentist, help people? can affect others; good at? earned, won, doctor)? 2. Who are the 2. Who can help them 2.What makes them how can I be polite borrowed. 3. How do things in different places special and how and courteous: how presents)? different people in can I play and work people put into or 3. How do people their family / those and situations: how everyone has onto their bodies that love and care to attract someone's co-operatively? make choices about different strengths? 3. How are your 2.What can affect how they what to do with for them? attention or ask for feel? 3. What do family help; what to say? personal features or responsibilities do money, including 4. How medicines spending and members, or people 3. How do you qualities are unique you have in and out (including that are special to respond safely to saving? to you? of the classroom? them. do to make adults they don't vaccinations and 4. How are you 3. Why do people 4.What is the them feel loved and know? immunisations) can similar or different and animals need to difference between cared for? 4. What can you do if to others, and what be looked after and help people stay needs and wants healthy and that 4. How are families vou feel unsafe or cared for? have you got in that people may not some people need all different but worried for common? always be able to 4.What can harm to take medicines themselves or others; 5. Can you use the share common the local and global have the things they every day to stay want? features - what is and the importance correct names for environment; how healthv? the same and of keeping on asking the main parts of can you and others 5. How can you

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the body, including external genitalia?

6. Do you know
What parts of
bodies covered with
underwear and they
are private?

Key Skills and Knowledge: Students should be able to...

- 1. Know what makes them special -To know the ways they are the same as, and different to, other people
- 2. Know the ways in which we are all unique-to know the ways in which they are the same and different to others
- 3. Know what they are good at, what they like and dislike- that everyone has different strengths
- 4.To name the main parts of the body including external genitalia (e.g. vulva, vagina, penis, testicles
- 5. Know that some things are private and the importance of respecting privacy; that parts of their body covered by underwear are private

help care for it?
5.How do people
grow and change
and how do
people's needs
change as they
grow from young to
old?

6.How can you manage change when moving to a new class/year group?

Key Skills and Knowledge: Students should be able to...

- 1. Talk about growing and changing from young to old and how people's needs change
- 2. Understand about preparing to move to a new class/year group 3. Understand what
- is kind and unkind behaviour, and how this can affect others- know how people and other living things have different needs; about the responsibilities of caring for them
- caring for them
 4. To treat
 themselves and
 others with respect;
 how to be polite and
 courteous- Know
 things they can do
 to help look after

- 5 Why hygiene is important and how can simple hygiene routines stop germs from being passed on?
- 6. What can you do to take care of yourselves on a daily basis, e.g. brushing teeth and hair, hand washing?

Key Skills and Knowledge: Students should be able to...

- 1. Know what keeping healthy means; different ways to keep healthy
- 2. Understand that simple hygiene routines that can stop germs from spreading
- 3. know that medicines (including vaccinations and immunisations and those that support allergic reactions) can help people to stay healthy
 4. Know about
- 4. Know about dental care and visiting the dentist; how to brush teeth correctly; food and drink that support dental health
- 5. know the people who help us to stay

keep money safe and what are the different ways of doing this?

Key Skills and Knowledge: Students should be able to

- 1. know what money is; forms that money comes in; that money comes from different sources
- 2. Know what people make different choices about how to save and spend money
- 3. Know the difference between needs and wants; that sometimes people may not always be able to have the things they want
- 4. Know that money needs to be looked after; different ways of doing this
- 5. 6

different about them?

- 5. What are the different features of family life, including what families do / enjoy together?
- 6. Why it is important to tell someone (such as their teacher) if something about their family makes them feel unhappy or worried?
- Key Skills and Knowledge:
 Students should be able to...
- 1. Know about the different groups they belong to
- 2. Know about the roles different people (e.g. acquaintances, friends and relatives) play in our lives
- 3. Identify the people who love and care for them and what they do to help them feel cared for
- 4. Know about different types of families including those that may be different to their own
- 5. Identify common features of family life
- 6. Know that it is important to tell

- for support until they are heard?
- 5. How can you get help if there is an accident and someone is hurt, including how to dial 999 in an emergency and what to say?

Key Skills and Knowledge: Students should be able to

- 1. Know about the people whose job it is to help keep us safe
- 2. Know about what to do if there is an accident and someone is hurt
- 3. Know how to get help in an emergency (how to dial 999 and what to say)
- 4. Know how to respond safely to adults they don't know
- 5. Know what to do if they feel unsafe or worried for themselves or others; who to ask for help and vocabulary to use when asking for help; importance of keeping trying until they are hear
- 6. Know about the different roles and responsibilities people have in their community

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Links to	6. Know that it is important to tell someone (such as their teacher) if something about their family makes them unhappy or worried	their environment 5. To listen to other people and play and work cooperatively 6. To talk about and share their opinions on things that matter to them	physically healthy 6. know about the things that people can put into their body or on their skin; how these can affect how people feel	someone (such as their teacher) if something about their family makes them unhappy or worried	
Gatsby Benchmarks:					