

Curriculum intent (overview) – To deepen students' skills and knowledge through a broad and balanced curriculum which prepares students for adulthood.

Class 7E- Explorer Curriculum – Self-help & independence /1 Lesson weekly

Year	2023– 2024 Autumn 1 Unit 1	2023– 2024 Autumn 2 Unit 2	2023– 2024 Spring 1 Unit 3	2023– 2024 Spring 2 Unit 4	2023– 2024 Summer 1 Unit 5	2023– 2024 Summer 2 Unit 6
Year 7	<p><u>Topic:</u> <u>Time & self-organization skills</u></p> <p><u>Key Questions:</u></p> <p>Do you know your timetable? Do you know the different activities of the day? Can you follow simple instructions? Can you check if you are ready for the lesson? Can you organize yourself for lunch? (Washing hands before, taking your things?) Can you organize your stationary? Can you name days of the week? Can you name months of the year/ seasons?</p> <p><u>Key skills and knowledge:</u></p> <p>To be able to follow simple instructions. To be able to name days of the week.</p>	<p><u>Topic:</u> <u>Personal safety</u></p> <p><u>Key Questions:</u></p> <p>What does safety mean? What does personal mean? Do you know your address? What are the dangers to your personal safety? Do you know who is a trusted adult/ person? What should you do if someone you do not know calls at your home? Do you know what to do if you are at home alone? Do you know stranger-danger rule?</p> <p><u>Road safety</u></p> <p>Can you cross the road safely? Do you know different crossings?</p> <p><u>Key skills and knowledge:</u></p> <p>To be able to identify</p>	<p><u>Topic:</u> <u>Personal safety/</u></p> <p><u>Key Questions:</u></p> <p>Do you know when to say 'no'? Do you know when to stay alert? E.G. when a stranger approach you and ask about directions; Do you know what to do when someone offers you things? Do you know what the dangers in your community are? What would you do if you feel worried, uncomfortable or unsafe?</p> <p><u>Key skills and knowledge:</u></p> <p>To be able to identify personal situations which are not safe.</p> <p>Students should learn basic safety rules in 'stranger-danger' situations;</p> <p><u>Assessment outcomes:</u></p>	<p><u>Topic:</u> <u>Developing independent living skills: personal hygiene</u></p> <p><u>Key Questions:</u></p> <p>Do you know how to wash hands properly? When do we have to wash hands? Can you identify dangers to ourselves if we do not wash hands properly? Can you identify how many times a day we need to wash our body? Can you name some products we need to wash our body? Do you know when do we need to brush teeth? Do you know how to brush teeth? Can you identify equipment to brush your teeth?</p> <p><u>Key skills and knowledge:</u></p>	<p><u>Topic:</u> <u>Developing independent living skills: personal hygiene</u></p> <p><u>Key Questions:</u></p> <p>Can you identify what can happen to ourselves if we do not wash? Do you know how to wash your hair? How to look after your nails? Do you know when to change underwear/ clothes?</p> <p><u>Key skills and knowledge:</u></p> <p>To be able to identify basic hygiene rules. To know how to keep clean.</p> <p><u>Assessment outcomes:</u></p> <p>Defining germs/</p>	<p><u>Topic:</u> <u>Self-awareness & employability skills</u></p> <p><u>Key Questions:</u></p> <p>Do you know your personal details? Do you know what you look like? E.G hair colour eyes color, height, shoe size, What is your favourite food? What is your favourite subject?</p> <p><u>Key skills and knowledge:</u></p> <p>To be able to identify personal details. To be able to identify hobbies and our dislikes.</p> <p><u>Assessment outcome:</u></p> <p>Defining self-awareness; Defining personal details; Simple description of themselves;</p>

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