Class **7E- Explorer Curriculum** – Self-help & independence /1 Lesson weekly

	2023- 2024	2023- 2024	2023- 2024	2023- 2024	2023- 2024	2023– 2024
Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Unit 1	Unit 2	Unit 3	Unit 4	Unit 5	Unit 6
	Topic:	Topic:	Topic:	Topic:	Topic:	Topic
Year	Time & self-	Personal safety	Personal safety/	<u>Developing</u>	<u>Developing</u>	Self-awareness
7	organization skills			independent living	independent living	&employability skills
	_	Key Questions:	Key Questions:	skills: personal	skills: personal	
	Key Questions:			hygiene	hygiene	Key Questions:
		What does safety	Do you know when to say			
	Do you know your	mean?	`no`?	Key Questions:	Key Questions:	Do you know your
	timetable?	What does personal	Do you know when to stay			personal details?
	Do you know the	mean?	alert? E.G. when a	Do you know how to	Can you identify	Do you know what you
	different activities of	Do you know your	stranger approach you	wash hands properly?	what can happen to	look like? E.G hair
	the day?	address?	and ask about directions;	When do we have to	ourselves if we do	colour eyes color,
	Can you follow simple	What are the dangers to	Do you know what to do	wash hands?	not wash?	height, shoe size,
	instructions?	your personal safety?	when someone offers you	Can you identify	Do you know how	What is your favourite
	Can you check if you	Do you know who is a	things?	dangers to ourselves if	to wash your hair?	food?
	are ready for the	trusted adult/ person?	Do you know what the	we do not wash hands	How to look after	What is your favourite
	lesson?	What should you do if	dangers in your	properly?	your nails?	subject?
	Can you organize	someone you do not	community are?	Can you identify how	Do you know when	
	yourself for lunch?	know calls at your	What would you do if you	many times a day we	to change	Key skills and
	(Washing hands	home?	feel worried,	need to wash our	underwear/	knowledge:
	before, taking your	Do you know what to do	uncomfortable or unsafe?	body?	clothes?	
	things?)	if you are at home		Can you name some		To be able to identify
	Can you organize your	alone?		products we need to	Key skills and	personal details.
	stationary?	Do you know stranger-	Key skills and	wash our body?	knowledge:	To be able to identify
	Can you name days of	danger rule?	knowledge:	Do you know when do		hobbies and our
	the week?			we need to brush	To be able to	dislikes.
	Can you name months	Road safety	To be able to identify	teeth?	identify basic	
	of the year/ seasons?	Can you cross the road	personal situations	Do you know how to	hygiene rules.	
		safely?	which are not safe.	brush teeth?	To know how to	Assessment outcome:
	Key skills and	Do you know different		Can you identify	keep clean.	
	knowledge:	crossings?	Students should learn	equipment to brush		Defining self-
			basic safety rules in	your teeth?		awareness;
	To be able to follow	Key skills and	`stranger-danger`	IZana alella anal	Assessment	Defining personal
	simple instructions.	knowledge:	situations;	Key skills and	outcomes:	details;
	To be able to name	T. b. abl. 4. Man. 24	A	knowledge:	D. C. L	Simple description of
	days of the week.	To be able to identify	Assessment outcomes:		Defining germs/	themselves;

Curriculum intent (overview) – To deepen students' skills and knowledge through a broad and balanced curriculum which prepares students for adulthood.

	To be able to follow the class timetable. Assessment outcome: Defining organizing skills; Write down days of the week; Write down months of the year Put months of the year in order;	safety rules on the road. To be able to identify a trusted adult/person. Assessment outcomes: Defining personal safety. Writing down personal safety rules. Knowing how to cross the road.	Defining `stranger- danger` Defining `being assertive`.	To be able to identify basic hygiene rules. To know how to keep clean. Assessment outcomes: Rules to wash hands Rules to brush teeth; Knowing how to wash our body;	bacteria Finding out the meaning of hygiene; Knowing basic hygiene products e.g. soap, hand gel, toothbrush;	
Link s to Gats by benc hma rk	4. Linking curriculum learning to careers Careers in the office, receptionist, school Teaching Assistants, Exploring different skills, personal qualities;	4. Linking curriculum learning to careers Careers in the office, receptionist, school Teaching Assistants, Exploring different skills, personal qualities;	4. Linking curriculum learning to careers Careers in the office, receptionist, school Teaching Assistants, Exploring different skills, personal qualities;	4. Linking curriculum learning to careers Careers in the office, receptionist, school Teaching Assistants, Exploring different skills, personal qualities;	4. Linking curriculum learning to careers Careers in the office, receptionist, school Teaching Assistants, Exploring different skills, personal qualities;	4. Linking curriculum learning to careers Careers in the office, receptionist, school Teaching Assistants, Exploring different skills, personal qualities;