

**Curriculum intent (overview)** – To deepen students’ skills and knowledge through a broad and balanced curriculum which prepares students for adulthood.

## Class 3Q1 - Quest Curriculum – Self-help & independence/

Year	2023 - 2024 Autumn 1 Unit 1	2023 - 2024 Autumn 2 Unit 2	2023 - 2024 Spring 1 Unit 3	2023 - 2024 Spring 2 Unit 4	2023 - 2024 Summer 1 Unit 5	2023 - 2024 Summer 2 Unit 6
Year 7	<p><b><u>Topic:</u></b> <b><u>Personal safety</u></b></p> <p><b><u>Key Questions:</u></b></p> <p>Can you write your full name? Do you know your address? Do you know why you should not to give your address to unknown people? Do you know who is a trusted adult/ person? Do you know what to do if you are at home alone? Do you know stranger-danger rule?</p> <p><b><u>Key skills and knowledge:</u></b></p> <p><b>To be able to write own name / address for more independent students.</b></p> <p><b>To recognize own name and find the place where they live on a map, with support.</b></p>	<p><b><u>Topic:</u></b> <b><u>Personal safety/Road safety</u></b></p> <p><b><u>Suggested key Questions:</u></b></p> <p>Do you know what are dangers to your safety outside / on the road/in the community? Can you cross the road safely? Do you know different crossings? What do we need to do to be safe on the road?</p> <p><b><u>Key skills and knowledge:</u></b></p> <p><b>To be able to recognize dangers on the road.</b></p> <p><b>To be able to recognize road safety rules.</b></p> <p><b>To practice crossing the road safely (role play, school playground)</b></p> <p><b>To know that we</b></p>	<p><b><u>Topic:</u></b> <b><u>Personal hygiene</u></b></p> <p><b><u>Suggested key Questions:</u></b></p> <p>What is personal hygiene? Can you wash your hands properly? When do we need to wash our hands? Do you know how to brush your teeth properly? Clean nails- do you know how to look after your nails?</p> <p><b><u>Key skills and knowledge:</u></b></p> <p><b>To be able to wash hands properly.</b></p> <p><b>To know when do we need to wash our hands.</b></p> <p><b>To understand hazards of not washing hands and not looking after our body.</b></p> <p><b>To be able to recognize when we need to brush our</b></p>	<p><b><u>Topic:</u></b> <b><u>Personal hygiene</u></b></p> <p><b><u>Suggested key Questions:</u></b></p> <p>What is the difference between good and bad appearance, how do we look like? Can you recognize good/bad smell? Do you know any hygiene products?</p> <p><b><u>Key skills and knowledge:</u></b></p> <p><b>To be able to spot a difference between good and bad appearance.</b></p> <p><b>To be able to recognize unpleasant smell when people do not wash, clean themselves.</b></p> <p><b>To be able to recognize when we need to wash our hair/ body.</b></p> <p><b>To be able to recognize how to</b></p>	<p><b><u>Topic</u></b> <b><u>Self-awareness /skills for work</u></b></p> <p><b><u>Suggested key Questions:</u></b></p> <p>Do you know what you look like? E.g. hair color, eyes color, height, shoe size, What is your favourite food? What is your favourite subject? Can you draw/ write your family and friends circle?</p> <p><b><u>Key skills and knowledge:</u></b></p> <p><b>To be able to describe themselves, with support.</b></p> <p><b>To be able to give examples of favourite foods, subjects, preferences.</b></p> <p><b>To be able to make a choice from supported materials related to appearance, foods,</b></p>	<p><b><u>Topic</u></b> <b><u>Self-awareness /skills for work</u></b></p> <p><b><u>Suggested key Questions:</u></b></p> <p>Can you recognize/identify things you like doing in your free time? Can you identify things you are good at doing? E.g. reading, drawing, playing basketball, swimming, riding a bike; Can you, with support, or independently identify at least one thing you would like to do in the future?</p> <p><b><u>Key skills and knowledge:</u></b></p> <p><b>To be able to give examples of own hobbies/interests.</b></p> <p><b>To learn how to make simple choice from supported materials, pictures, videos.</b></p> <p><b>To understand that having hobbies can make our life better,</b></p>

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	<p><b>To be able to recognize a trusted person/ adult.</b></p>	<p><b>need to look and listen for a traffic.</b></p> <p><b>Student scan take part in crossing the road where there are traffic lights.</b></p> <p><a href="https://www.everyschool.co.uk/pshe-key-stage-1-keep-safe-and-healthy-5.html">https://www.everyschool.co.uk/pshe-key-stage-1-keep-safe-and-healthy-5.html</a></p>	<p><b>teeth.</b></p> <p><b>To be able to recognize the need to clean our nails.</b></p> <p><b>Students start to recognize what germs and bacteria are.</b></p>	<p><b>look after our hair/body.</b></p>	<p><b>hobbies;</b></p>	<p><b>more interesting.</b></p>
<p>Links to Gatsby Benchmarks:</p>	<p><b>Benchmark 2, –</b> Learning from the Career and Labor Market information.  <b>Benchmark 3 –</b> Addressing the needs of the student and * - Personal Guidance</p> <p>Students to consider what skills you need to be a Police Officer, people who keep us safe.</p>	<p><b>Benchmark 2, –</b> Learning from the Career and Labor Market information.  <b>Benchmark 3 –</b> Addressing the needs of the student and * - Personal Guidance</p> <p>Students to consider what skills you need to be a Police Officer, Traffic Warden, people who keep us safe.</p>	<p><b>Benchmark 2, –</b> Learning from the Career and Labor Market information.  <b>Benchmark 3 –</b> Addressing the needs of the student and * - Personal Guidance</p> <p>Students to consider what skills you need to be a Nurse, people who keep us safe.</p>	<p><b>Benchmark 2, –</b> Learning from the Career and Labor Market information.  <b>Benchmark 3 –</b> Addressing the needs of the student and * - Personal Guidance</p> <p>Students to consider what skills you need to be a Nurse, people who keep us safe.</p>	<p><b>Benchmark 2, –</b> Learning from the Career and Labor Market information.  <b>Benchmark 3 –</b> Addressing the needs of the student and * - Personal Guidance</p> <p>Students to consider what skills you need to be a Psychologist;</p>	<p><b>Benchmark 2, –</b> Learning from the Career and Labor Market information.  <b>Benchmark 3 –</b> Addressing the needs of the student and * - Personal Guidance</p> <p><b>Students start looking at different skills for different jobs.</b></p>