

9N Class - Navigator Curriculum *Food/Double Lesson per week*

Year	2022 – 2023 Autumn 1 Unit 1	2022 – 2023 Autumn 2 Unit 2	2022 – 2023 Spring 1 Unit 3	2022 – 2023 Spring 2 Unit 4	2022 – 2023 Summer 1 Unit 5	2022 – 2023 Summer 2 Unit 6
Year 9	<p>Topic: <u>Handling pans: Can you show how to use pans safely?</u></p> <p>Suggested Key Questions:</p> <p>Can you identify meals we need to cook using pans and hot source?</p> <p>Can you identify hazards related to using pans and a hot source e.g. cooker?</p> <p>Can you identify main safety rules related to using pans and a cooker?</p> <p>Key skills and knowledge:</p> <p>To be able to identify what we need to cook using a cooker.</p> <p>Defining hazards related to using hot pans, cooker. Students will practice using pans and a cooker with supervision.</p>	<p>Topic: <u>Handling pans: Can you show how to use pans safely?</u></p> <p>Suggested Key Questions:</p> <p>Can you start using a pan and a hot source with an assistance?</p> <p>Can you start using a pan with the heat source independently?</p> <p>Key skills and knowledge:</p> <p>To be able to handle pans on a hob with support; to be follow instructions to use a cooker (temperature, gas mark)</p> <p>Defining hazards related to using hot pans, cooker. Students will practice using pans and a cooker with supervision.</p>	<p>Topic: <u>Improving knife skills. Practicing dicing.</u></p> <p>Suggested Key Questions:</p> <p>Can you identify different types of knives e.g. bread knife, steak knife, vegetable knife, fish knife?</p> <p>Can you identify hazards related to using knives?</p> <p>Can you identify how to prevent hazards related to using sharp knives?</p> <p>Do you know how to secure a chopping board to prevent moving, sliding while you dicing?</p> <p>Can you show improved knife skills?</p> <p>Key skills and knowledge:</p> <p>To be able to use a sharp knife for different tasks-cutting, dicing.</p> <p>Defining hazards related to using sharp knives.</p>	<p>Topic: <u>Improving knife skills. Practicing dicing.</u></p> <p>Suggested Key Questions:</p> <p>Do you know why we need to keep knives sharp?</p> <p>Can you practice using a sharp knife with a minimum support or independently?</p> <p>Can you show improved knife skills?</p> <p>Key skills and knowledge:</p> <p>To be able to use a sharp knife for different tasks-cutting, dicing.</p> <p>Recapping hazards related to using sharp knives. Students will practice using knives with supervision.</p>	<p>Topic: <u>Show a growing ability to wash up and dry equipment independently.</u></p> <p>Suggested Key Questions:</p> <p>Can you wash the dishes with independently?</p> <p>Can you wash the dishes, equipment independently?</p> <p>Can you clear plates after meals, tidy the kitchen independently?</p> <p>Can you put groceries away independently? Do you know how to store certain food items?</p> <p>Key skills and knowledge:</p> <p>To be able to use a wash the dishes independently. To be able to store food items properly. Students will practice using</p>	<p>Topic: <u>Show a growing ability to wash up and dry equipment independently.</u></p> <p>Suggested Key Questions:</p> <p>Can you wash the dishes, equipment independently?</p> <p>Can you clear plates after meals, tidy the kitchen independently?</p> <p>Can you put groceries away independently? Do you know how to store certain food items?</p> <p>Key skills and knowledge:</p> <p>To be able to use a wash the dishes independently. To be able to store food items properly. Students will practice using</p>

			Students will practice using knives with supervision.	Practical tasks, self-evaluation, teacher's statement.	Practical tasks, self-evaluation, teacher's statement.	washing the dishes, clearing after meal preparation. Practical tasks, self-evaluation, teacher's statement.
Links to Gatsby Benchmarks:	<p>Benchmark 2 Labour market to information. What are the current trends in the jobs market that involve cooking skills that students are learning.</p> <p>Benchmark 4. STEM opportunities-linking career opportunities and what aspects of mathematics (e.g. measuring) they are learning. Careers in catering Students will investigate jobs and skills required for these jobs</p>	<p>Benchmark 2 Labour market to information. What are the current trends in the jobs market that involve cooking skills that students are learning.</p> <p>Benchmark 4. STEM opportunities-linking career opportunities and what aspects of mathematics (e.g. measuring) they are learning. Careers in catering Students will investigate jobs and skills required for these jobs</p>	<p>Benchmark 2 Labour market to information. What are the current trends in the jobs market that involve cooking skills that students are learning.</p> <p>Benchmark 4. STEM opportunities-linking career opportunities and what aspects of mathematics (measuring) they are learning. Careers in catering Students will investigate jobs and skills required for these jobs</p>	<p>Benchmark 2 Labour market to information. What are the current trends in the jobs market that involve cooking skills that students are learning.</p> <p>Benchmark 4. STEM opportunities-linking career opportunities and what aspects of mathematics (e.g. measuring) they are learning. Careers in catering Students will investigate jobs and skills required for these jobs</p>	<p>Benchmark 2 Labour market to information. What are the current trends in the jobs market that involve cooking skills that students are learning.</p> <p>Benchmark 4. STEM opportunities-linking career opportunities and what aspects of mathematics (e.g. measuring) they are learning. Careers in catering Students will investigate jobs and skills required for these jobs</p>	<p>Benchmark 2 Labour market to information. What are the current trends in the jobs market that involve cooking skills that students are learning.</p> <p>Benchmark 4. STEM opportunities-linking career opportunities and what aspects of mathematics (e.g. measuring) they are learning. Careers in catering Students will investigate jobs and skills required for these jobs</p>