



Discovery

Discovery Curriculum - Semi Formal

- Our semi-formal curriculum for children with complex needs, autism and severe learning difficulties.
- Focus is on **Communication** and basic fundamental Literacy and Numeracy skills
- At KS4 and KS5 Pre Entry qualification pathways are in place.
- Phonics, Early Literacy and Numeracy. Self Help, Personal Progress.
- Fine and Gross Motor and pre entry skills.

4D Discovery Curriculum – Personal Development / 3 Lessons weekly

Year	2021 – 2022 Autumn 1	2021 – 2022 Autumn 2	2021 – 2022 Spring 1	2021 – 2022 Spring 2	2021 – 2022 Summer 1	2021 – 2022 Summer 2
	<p>Topic: Unit 81319 Healthy lifestyles and emotional wellbeing</p> <p><u>AQA UNIT AWARD SCHEME PRE-ENTRY LEVEL</u></p> <p>Suggested Key Questions: What is meant by emotional wellbeing? What are the features of emotional wellbeing? How can your diet affect the way you feel? Who can you ask for help if you are feeling low?</p> <p>Key Skills and Knowledge: Pupils will develop their understanding of how to identify emotions and will be developing their understanding of how to manage emotional experiences. Pupils will develop their understanding of ways to cope with bullying and will know who to help if they are victims of bullying.</p>	<p>Topic: Unit 81319 Healthy lifestyles and emotional wellbeing</p> <p><u>AQA UNIT AWARD SCHEME PRE-ENTRY LEVEL -</u></p> <p>Suggested Key Questions: What are some examples of emotional wellbeing? What affect can exercise have on how you feel? Can you give examples of how to relax?</p> <p>Key Skills and Knowledge: Be able to identify emotions and know how to manage emotional experiences Know about bullying Know about peer pressure Know that illness can be mental or physical what mindfulness is and how it can help to reduce stress Coping strategies :Students develop the</p>	<p>Topic: Unit 108418 Personal Hygiene</p> <p><u>AQA UNIT AWARD SCHEME PRE-ENTRY LEVEL -</u></p> <p>Suggested Key Questions: What are the 5 parts of emotional wellbeing? How can you express your feelings to others? Can you list your good points? Where can you get self help?</p> <p>Key Skills and Knowledge: Be able to identify emotions and know how to manage emotional experiences Know about bullying Know about peer pressure Know that illness can be mental or physical what mindfulness is and how it can help to reduce stress Coping strategies :Students develop the skills required to deal effectively with</p>	<p>Topic: Unit 111059</p> <p><u>relationships and sex education (unit 1)</u></p> <p><u>AQA UNIT AWARD SCHEME PRE-ENTRY LEVEL – 111062 AND 110600</u></p> <p>Suggested Key Questions: Can you locate the main parts of both the male and female reproductive systems? Can you outline the main stages of reproduction and birth? Can you outline briefly the use and effectiveness of three methods of contraception in a healthy relationship? Can you indicate how the relationship between a child and a parent/carer changes from birth to adulthood?</p> <p>Key Skills and Knowledge:</p>	<p>Topic: Unit 111059</p> <p><u>relationships and sex education (unit 1)</u></p> <p><u>AQA UNIT AWARD SCHEME PRE-ENTRY LEVEL –</u></p> <p>Suggested Key Questions: Can you outline three qualities of good parenting/caring? Can you identify three changes which may take place in a relationship with a partner? Can you recognise, from given material, the difference between appropriate body space in close and in formal relationships? Can you state the legal age for sexual intercourse?</p> <p>Key Skills and Knowledge: -Pupils to develop their</p>	<p>Topic: Unit 111059</p> <p><u>relationships and sex education (unit 1)</u></p> <p><u>AQA UNIT AWARD SCHEME PRE-ENTRY LEVEL –</u></p> <p>Suggested Key Questions: Can you outline the work of an organisation where advice on relationships and contraception can be obtained. Can you state the symptoms and treatment of three different types of sexually transmitted infection. Can you indicate how the transmission of sexually transmitted infections can be prevented.</p> <p>Key Skills and Knowledge: -Pupils to be able to outline the main stages of reproduction and birth.</p>

	<p>-Pupils will develop their knowledge of peer pressure and how it affects other pupils.</p> <p>- Pupils will Know that illness can be mental or physical. They will have an understanding of what mindfulness is and how it can help to reduce stress</p> <p>Coping strategies :Students develop some skills required to deal effectively with difficulties including stress and anxiety</p> <p>-Pupils to recognise two positive feelings that should be in a relationship.</p> <p>- Pupils to recognise two negative feelings that should not be in a relationship.</p> <p>-Pupils to be able to identify three people who could support them if they needed help?</p> <p>-Pupils to be able to state the legal age for sexual intercourse.</p> <p>-Pupils to be able to outline three qualities of good parenting/caring.</p> <p>What skills will students develop?</p> <p>Teamwork: Students develop the skills necessary to work effectively and efficiently as part of a group.</p> <p>Discussion: Students know how to talking about something in order to reach a decision or to</p>	<p>skills required to deal effectively with difficulties including stress and anxiety</p> <p>What skills will students develop?</p> <p>Teamwork: Students develop the skills necessary to work effectively and efficiently as part of a group.</p> <p>Discussion: Students know how to talking about something in order to reach a decision or to exchange ideas in a civil manner.</p> <p>Debate: Students understand how to engage in an effective formal discussion on a particular matter.</p> <p>Questioning: Students know how to question so as to elicit information in a manner which does not cause offence.</p> <p>Decision making: Students understand how to reach a conclusion or resolution after consideration of issues or facts.</p> <p>What skills will students develop?</p> <p>Teamwork: Students develop the skills necessary to work effectively and efficiently as part of a group.</p>	<p>difficulties including stress and anxiety</p> <p>What skills will students develop?</p> <p>Teamwork: Students develop the skills necessary to work effectively and efficiently as part of a group.</p> <p>Discussion: 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To develop young people's understanding of their own bodies and the changes to expect in puberty, of different types of relationships and what sex is, and to be aware of risks associated with sex and how to protect themselves.</p> <p>What skills will students develop?</p> <p>Teamwork: Students develop the skills necessary to work effectively and efficiently as part of a group.</p> <p>Discussion: Students know how to talking about something in order to reach a decision or to exchange ideas in a civil manner.</p> <p>Debate: Students understand how to engage in an effective formal discussion on a particular matter.</p>	<p>understanding of the birth process.</p> <p>-Pupils to be able to communicate how two methods of contraception work.</p> <p>To deliver a fact based, young person centered comprehensive programme of sex and relationships education.</p> <p>- To develop young people's understanding of their own bodies and the changes to expect in puberty, of different types of relationships 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<p>Links to Gatsby Benchmarks:</p>	<p>3. Addressing the needs of each pupil 5. Encounters with employers and employees 6. Experiences of workplaces</p> <p>Workshops and chance to meet professionals from the Loudmouth group (RSE) Pupils to experience visits to workplaces, eg – Safeside Centre where they will meet employees, further develop their knowledge of work roles and responsibilities and workplaces.</p>	<p>3. Addressing the needs of each pupil 5. Encounters with employers and employees 6. Experiences of workplaces</p> <p>Workshops and chance to meet professionals from the Loudmouth group (RSE) Pupils to experience visits to workplaces, eg – Safeside Centre where they will meet employees, further develop their knowledge of work roles and responsibilities and workplaces.</p>	<p>3. Addressing the needs of each pupil 5. Encounters with employers and employees 6. Experiences of workplaces</p> <p>Workshops and chance to meet professionals from the Loudmouth group (RSE) Pupils to experience visits to workplaces, eg – Safeside Centre where they will meet employees, further develop their knowledge of work roles and responsibilities and workplaces.</p>	<p>3. Addressing the needs of each pupil 5. Encounters with employers and employees 6. Experiences of workplaces</p> <p>Workshops and chance to meet professionals from the Loudmouth group (RSE) Pupils to experience visits to workplaces, eg – Safeside Centre where they will meet employees, further develop their knowledge of work roles and responsibilities and workplaces.</p>	<p>3. Addressing the needs of each pupil 5. Encounters with employers and employees 6. Experiences of workplaces</p> <p>Workshops and chance to meet professionals from the Loudmouth group (RSE) Pupils to experience visits to workplaces, eg – Safeside Centre where they will meet employees, further develop their knowledge of work roles and responsibilities and workplaces.</p>	<p>3. Addressing the needs of each pupil 5. Encounters with employers and employees 6. Experiences of workplaces</p> <p>Workshops and chance to meet professionals from the Loudmouth group (RSE) Pupils to experience visits to workplaces, eg – Safeside Centre where they will meet employees, further develop their knowledge of work roles and responsibilities and workplaces.</p>
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