

#### Navigator Curriculum - Formal Curriculum

- A formal academic curriculum for students closer to age related expectations.
- Aspirational and challenging.
- It is typically for our children with high functioning autism or moderate learning difficulties.
- A broad and balanced secondary curriculum.
- Leads to good GCSE, Level 1 and Level 2 outcomes.
- Subjects become more specialist.

#### 10N - Navigator Curriculum - Personal Development / 5 Lessons weekly

| Year | 2021 – 2022<br>Autumn 1                                                                                                                                                                                                | 2021 – 2022<br>Autumn 2                                                                                                                                                                          | 2021 – 2022<br>Spring 1                                                                                                                                                                          | 2021 – 2022<br>Spring 2                                                                                                                                                     | 2021 – 2022<br>Summer 1                                                                                                                       | 2021 – 2022<br>Summer 2                                                                             |
|------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|
|      | Topic:<br>Emotional Wellbeing                                                                                                                                                                                          | Topic:<br>Emotional Wellbeing                                                                                                                                                                    | Topic:<br>Emotional Wellbeing                                                                                                                                                                    | Topic:<br>Sex and Relationship<br>Education                                                                                                                                 | Topic: Sex and Relationship Education                                                                                                         | Topic: Sex and Relationship Education                                                               |
|      | AQA UNIT AWARD SCHEME Entry Level – Unit 110231                                                                                                                                                                        | AQA UNIT AWARD SCHEME Entry Level - Unit 110231                                                                                                                                                  | AQA UNIT AWARD SCHEME Entry Level - Unit 110231                                                                                                                                                  | AQA UNIT AWARD SCHEME Entry Level = Unit 111060                                                                                                                             | AQA UNIT AWARD SCHEME Entry Level 3 -                                                                                                         | AQA UNIT AWARD SCHEME Entry Level - Unit 111060                                                     |
|      | Suggested Key Questions: Can you give examples of peer pressure? Are you aware that illness can be mental or physical? Can you explain what mindfulness is and how it can help to reduce stress? Can you give examples | Suggested Key Questions: Can you identify different emotions? Do you know how to manage emotional experiences? What is the difference between verbal and physical bullying? Can you explain what | Suggested Key Questions: Can you identify different emotions? Do you know how to manage emotional experiences? What is the difference between verbal and physical bullying? Can you explain what | Suggested Key Questions:  Can you communicate the name of a friend, a family member and any other person with whom a different relationship exists?  Can you identify three | Unit 111060 Level 1 Unit LEVEL 1 – Suggested Key Questions: Do you recognise three physical differences between males and females at puberty? | Suggested Key Questions:  Can you identify three people who could support them if they needed help? |
|      | of coping strategies for people with anxiety?  Key Skills and                                                                                                                                                          | mindfulness is and how it can help to reduce stress? Can you give examples of coping strategies for people                                                                                       | mindfulness is and how it can help to reduce stress? Can you give examples of coping strategies for people                                                                                       | examples of when a relationship changes to a negative one?  Can you recognise, from given material, a                                                                       | Can you recognise appropriate body space in close and formal relationships?                                                                   | Do you know how to check oneself for breast or testicular cancer?  Can you recognise,               |
|      | Knowledge: What skills will                                                                                                                                                                                            | with anxiety?                                                                                                                                                                                    | with anxiety?                                                                                                                                                                                    | sexual relationship?                                                                                                                                                        | Can you recognise that an egg and a                                                                                                           | from given material,<br>the difference                                                              |

students develop?

Teamwork: Students develop the skills necessary to work effectively and efficiently as part of a group.

Discussion: Students know how to talking about something in order to reach a decision or to exchange ideas in a civil manner.

Debate: Students understand how to engage in an effective formal discussion on a particular matter.

Questioning: Students know how to question so as to elicit information in a manner which does not cause offence.

Decision making: Students understand how to reach a conclusion or resolution after consideration of issues or facts.

## Key Skills and Knowledge:

What skills will students develop?

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Decision making: Students understand how to reach a conclusion or resolution after consideration of issues or facts. Can you indicate how the relationship between a child and a parent/carer changes from birth to adulthood? Can you outline three qualities of good parenting/caring?

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Can you identify three changes which may take place in a relationship with a partner?

Can you identify three different methods of contraception?

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Questioning: Students know how to question so as to elicit information in a manner which does not cause offence. between appropriate body space in close and in formal relationships? Can you state the legal age for sexual intercourse?

Can you locate the main parts of both the male and female reproductive systems. Outline the main stages of reproduction and birth.

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|                                      |                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                   |                                                                                                                                                                                                                                                                                                   | or facts.  Coping strategies: Students develop the skills required to deal effectively with difficulties including stress and anxiety.                                                                                                                                                            | Decision making: Students understand how to reach a conclusion or resolution after consideration of issues or facts.  Coping strategies: Students develop the skills required to deal effectively with difficulties including stress and anxiety.                                                 | Decision making: Students understand how to reach a conclusion or resolution after consideration of issues or facts.  Coping strategies: Students develop the skills required to deal effectively with difficulties including stress and anxiety.                                                 |
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| Links to<br>Gatsby<br>benchmark<br>s | 3. Addressing the needs of each pupil 5. Encounters with employers and employees 6. Experiences of workplaces  Pupils to experience visits to workplaces, eg — Safeside Centre where they will meet employees, further develop their knowledge of work roles and responsibilities and workplaces. | 3. Addressing the needs of each pupil 5. Encounters with employers and employees 6. Experiences of workplaces  Pupils to experience visits to workplaces, eg – Safeside Centre where they will meet employees, further develop their knowledge of work roles and responsibilities and workplaces. | 3. Addressing the needs of each pupil 5. Encounters with employers and employees 6. Experiences of workplaces  Pupils to experience visits to workplaces, eg – Safeside Centre where they will meet employees, further develop their knowledge of work roles and responsibilities and workplaces. | 3. Addressing the needs of each pupil 5. Encounters with employers and employees 6. Experiences of workplaces  Pupils to experience visits to workplaces, eg – Safeside Centre where they will meet employees, further develop their knowledge of work roles and responsibilities and workplaces. | 3. Addressing the needs of each pupil 5. Encounters with employers and employees 6. Experiences of workplaces  Pupils to experience visits to workplaces, eg – Safeside Centre where they will meet employees, further develop their knowledge of work roles and responsibilities and workplaces. | 3. Addressing the needs of each pupil 5. Encounters with employers and employees 6. Experiences of workplaces  Pupils to experience visits to workplaces, eg – Safeside Centre where they will meet employees, further develop their knowledge of work roles and responsibilities and workplaces. |