



Explorer Curriculum – Building block to Formal Curriculum

- The building block before a fully formal curriculum.
- Strong focus on Early Literacy and Numeracy.
- Key skills and knowledge to understand the world around them.
- Functional Skills to apply basic knowledge.
- For children with moderate learning difficulties, autism and other learning needs. Learning takes place through tangible 'real life situations' with regular revisiting of learning.
- Students follow an Entry Level (1-3) Pathway at KS4 and KS5.

Subject PE 2 Subjects/Lessons weekly

10E - Explorer Curriculum –

NB - Bikeability and Golf sessions timings depend on the availability of coaches and may be different to those listed here on the SOW.

2020 – 2021 Autumn 1	2020 – 2021 Autumn 2	2020 – 2021 Spring 1	2020 – 2021 Spring 2	2020 – 2021 Summer 1	2020 – 2021 Summer 2
<p><u>Topic:</u></p> <p>Football/Basketball (depends on weather) HRF/Bleep Test Kurling competition</p>	<p><u>Topic:</u></p> <p>Basketball/Football</p>	<p>Unit 3</p> <p>Bikeability * Cricket ESE - Fitness Training-circuits</p>	<p>Unit 4</p> <p>Racket sports Badminton/Table Tennis/short tennis/tennis</p>	<p>Unit 5</p> <p>Athletics/Rounders Tennis/Racket Sports</p>	<p>Unit 6</p> <p>Golf * Rounders/Cricket Tennis/Gym (6th form) HRF -Bleep test</p>
<p><u>Key Skills and Knowledge:</u></p> <p>Football and Basketball - Students are working towards their Entry Level</p>	<p><u>Key Skills and Knowledge:</u></p> <p>Football and Basketball - Students are working towards their Entry Level</p>	<p><u>Key Skills and Knowledge:</u></p> <p>They take part in and are assessed in bikeability. Cricket - Students are</p>	<p><u>Key Skills and Knowledge:</u></p> <p>Racket sports - Students are working towards their Entry level qualification in</p>	<p><u>Key Skills and Knowledge:</u></p> <p>Pupils are working towards their Entry Level qualification in PE. They take part in</p>	<p><u>Key Skills and Knowledge:</u></p> <p>Pupils are working towards their Entry Level qualification in PE. They take part in</p>

<p>qualification in PE. They select and apply skills, tactics, strategies and team skills for each activity including warm ups and equipment organisation. Students are taught the importance of planning in preparation for any activity.</p>	<p>qualification in PE. They select and apply skills, tactics, strategies and team skills for each activity including warm ups and equipment organisation. Students are taught the importance of planning in preparation for any activity.</p>	<p>working towards their Entry level qualification in PE. They select and apply skills, tactics, strategies and team skills for each activity. Students are taught the importance of planning in preparation for any activity. They also take part in circuit training and learn how to exercise safely and effectively.</p>	<p>PE. They select and apply skills, tactics, strategies and team skills for each activity. Exercising safely and effectively continues to be a focus.</p>	<p>and are assessed in cricket, rounders, tennis and athletics. They select and apply skills, tactics, strategies and team skills. Pupils are taught the importance of planning in preparation for any activity, this includes warm ups and equipment organisation and they are encouraged to appreciate the different roles in each activity.</p>	<p>and are assessed in golf, cricket, rounders and athletics. They select and apply skills, tactics and strategies for each activity. Pupils are taught the importance of planning in preparation for any activity, this includes warm ups and equipment organisation and they are encouraged to appreciate the different roles in each activity. Pupils complete a multistage fitness test to measure their fitness levels..</p>
<p><u>Key Questions</u></p> <ul style="list-style-type: none"> -Can you think of some key words for football? -Do you know some different positions for players in football? -Why is it important to exercise? -What is meant by tactics? -Can you state some tactics of football? -Do you play football / basketball out of school? -Do you play for any clubs or teams? 	<p><u>Key Questions</u></p> <ul style="list-style-type: none"> -Can you think of some key words for football? -Do you know some different positions for players in football? -Why is it important to exercise? -What is meant by tactics? -Can you state some tactics of football? -Do you play football / basketball out of school? -Do you play for any clubs or teams? 	<p><u>Key Questions</u></p> <ul style="list-style-type: none"> -Can you think of some key words for fitness training? -Where can you go to exercise? -Why is it important to exercise? -What is meant by tactics? -Can you state some tactics of cricket? -Do you play football / cricket out of school? -Do you play for any clubs or teams? 	<p><u>Key Questions</u></p> <ul style="list-style-type: none"> -Can you think of some key words for tennis? Where can you go to play racket sports?? -Why is it important to exercise? -What is meant by tactics? -Can you state some tactics of racket sports? -Do you play racket sports out of school? -Do you play for any clubs or teams? Where could you play? 	<p><u>Key Questions</u></p> <ul style="list-style-type: none"> -Can you think of some key words for athletics? -What does it mean to 'pace yourself' when running? -Why is it important to exercise? -What is meant by tactics? -Can you state some tactics of rounders? -Do you play athletics out of school? -Do you play for any clubs or teams? Where could you play? 	<p><u>Key Questions</u></p> <ul style="list-style-type: none"> -Can you think of some key words for athletics? -can you name the different sprinting race distances? -Why is it important to exercise? -What is meant by tactics? -Can you state the main activities in athletics? -Do you play athletics out of school? -Do you play for any clubs or teams? Where could you play?
<p>Assessment outcome: Staff assessment and levels. Peer assessment. Scores / results in games / activities.</p>	<p>Assessment outcome: Staff assessment and levels. Peer assessment. Scores / results in games / activities.</p>	<p>Assessment outcome: Staff assessment and levels. Peer assessment. Scores / results in games / activities.</p>	<p>Assessment outcome: Staff assessment and levels. Peer assessment. Scores / results in games / activities.</p>	<p>Assessment outcome: Staff assessment and levels. Peer assessment. Scores / results in games / activities.</p>	<p>Assessment outcome: Staff assessment and levels. Peer assessment. Scores / results in games / activities.</p>

